

Family
Harmony
和諧家庭協進會

Mother's & Father's Day
Action Art Project

雙親節
行為藝術展

手連手 心連心
齊向父母表真心

“Parent and Children
Heart to Heart
Hand in Hand
Eternal Connections”

Day 1
5/8 華埠孔子大廈交誼廳(地下) | Confucius Plaza-Ball Room
33 Bowery, Chinatown NY 10002 ☎ 11:00 am – 4:00 pm
免費親子講座/Free Workshop 1:30 pm – 3:00pm

Day 2
5/14 角質福音廣場/Herald Gospel Plaza ☎ 10:00am – 3:00pm
42-35 2FL Main Street, Flushing, NY 11355
免費親子講座/Free Workshop 10:30 am – 12:00 pm

Day 3
5/21 101 小學/ P.S. 101 ☎ 10:00am – 1:30pm
2360 Benson Avenue, Brooklyn, NY 11214
免費親子講座/Free Workshop 10:30 am – 12:00 pm

Day 4
6/4 220 初中/I.S. 220 ☎ 10:00 am – 1:30 pm
4812 9th Ave, Brooklyn, NY 11220
免費親子講座/Free Workshop 10:30 am – 12:00 pm

Day 5
6/12 顯聖學校/Transfiguration School Chinatown ☎ 10:00 am – 1:30 pm
29 Mott Street New York, NY 10013

Day 6
6/19 慈愛嘉年華/Bliss Wisdom Summer Fair ☎ 10:00 am – 3:00 pm
65-30 Kissena Blvd, Flushing, NY 11367 (Queens College Parking Lot)

Day 7
6/25 畫社 Creator's Voice ☎ 1:00 pm – 5:00 pm
90 Bowery, Chinatown, NY (地庫/Cellar)
免費親子講座/Free Workshop 3:30 pm – 5:00 pm

Sponsors:
WIG
四海劇社
富記肉乾
Singapore Malaysia
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CORE
L-KOON

查詢 | Info : (347)987-4398
<http://familyharmonyyny.org>

2016 PARENTS' DAY ACTION ART EXHIBITION

2016 年雙親節行為藝術展

“Listen to Your Kids' Inner Voice”

“聆聽孩子們的心聲”



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Statement

- 1) All artworks are from the original manuscripts and do not represent the opinions of Family Harmony.
- 2) We collected over 850 artworks. We apologize that we cannot include all exhibits in this booklet.

Our Gratitude

Family Harmony's 2016 Art Exhibition "Listen to you Kids' Inner Voice" has now successfully concluded. We wholeheartedly thank every member and organization that have supported us. We hope in the days ahead, we can continue working together in the contribution to the creation of harmonious families in our community.

1) Artwork Sponsors

- a. Angel Advantage Center
- b. Josiah Quincy Upper School, Boston
- c. Chinese Christian Herald Crusades
- d. Ming Yuan Chinese School
- e. Kuei Luck Enrichment Center
- f. CPC IS 220 Beacon Program
- g. Transfiguration Chinese School
- h. St. John Vianney Sunday School
- i. Creator's Voice
- j. Mustard Seed Learning Center

2) Event Space Sponsors

- a. Flushing Herald Gospel Plaza (5/14/16)
- b. Brooklyn PS 101 (5/21/16)
- c. Brooklyn IS 220 (6/4/16)
- d. Transfiguration Catholic Church (6/12/16)
- e. Bliss & Wisdom Foundation (6/19/16)
- f. Chinatown Creator's Voice (6/25/16)

3) Printing Sponsors / 特刊贊助

4) Exhibition Display Sponsors / 展品陳列贊助

5) Event Space and Flyer Design / 場地及海報設計 ...

6) Publication Design and Edit / 特刊設計及編輯

7) All Family Harmony's volunteers for this 2016 Parents' Day Action Art Exhibition □ □ □ □ .. 家庭和諧協進會 2016 年雙親節行為藝術展全體義工

The list above is in no particular order. Our most sincere apologies to anyone whose names are missing.

以上排名不分先後，如有遺漏，敬請原諒。



聲明

- 1) 本刊物所有作品均為作者原稿，並不代表本會意見。
- 2) 我們共收集了 850 多份展品，但本刊物篇幅有限，未能盡錄，心感抱歉。

鳴謝

本會舉辦 2016 雙親節行為藝術展之“聆聽孩子們的心聲”已經圓滿結束，在此向所有給予本會支持及鼓勵的個人及團體，表示萬分感謝，希望在未來的日子裡，能續繼與大家共同攜手為建立和諧的家庭作出貢獻。

1) 展品提供學校及團體

- a. 大鴻英文學校
- b. 波士頓昆士中學
- c. 基督教角聲佈道團
- d. 鳴遠中文學校
- e. 快樂教育中心
- f. 華策會布屋倫220初中Beacon Program
- g. 顯聖容天主堂中文學校
- h. 聖耀漢維亞內堂主日學
- i. 主音社
- j. 英傑補習社

2) 場地贊助

- a. 角聲福音廣場 (5/14/16)
- b. 布屋倫101小學(5/21/16)
- c. 布屋倫220初中(6/4/16)
- d. 顯聖容天主堂 (6/12/16)
- e. 北美福智基金會 (6/19/16)
- f. 主音社 (6/25/16)

QX Printing/洛陽印務, and
LES Community Partnership Program
The Core Garment Solution and 5 Kount
Ben Leung and Sonia Siaw
Helena Mui and Veronica Chan



Workshops 工作坊

To help improve the relationship between parents and children, we offered 5 different workshops during the exhibitions. 為了幫助家長們改善與孩子的關係，我們在展覽期間提供了五個不同主題的工作坊：

- 5/8 Topic/主題: Be your children's guardian angel
父母作孩子的守護天使
- 5/14 Topic/主題: Listen to your children will encourage them to listen to you
聆聽你的孩子，會令他們更聽話
- 5/21 Topic/主題: How to help your children who are addicted to computer games
孩子們沉迷電腦及手機遊戲，家長如何幫助他們？
- 6/4 Topic/主題: How to help your children who are addicted to computer games
孩子們沉迷電腦及手機遊戲，家長如何幫助他們？
- 6/25 Topic/主題: How to help your children improve their attitudes?
如何幫助孩子們改善不良的態度？



Confucius Plaza 孔子大廈 5/8/16



Herald Gospel Plaza 角聲佈導團 5/14/16



PS 101 布屋倫 101 小學 5/21/16



IS 220 布屋倫 220 初中 6/4/16



Creator's Voice 主音社 6/25/16



一位家長的女兒 Jaimey 對我們的工作深感謝意

INTRODUCTION

2016 PARENTS' DAY ACTION ART EXHIBITION “Listen to Your Kids' Inner Voice”

What is a family? Family is a relationship between every member. If the relationship among our family members shatters, then there is no longer a family. Instead it would be a group of strangers living under one roof. The stronger the bond between household members, the closer the family. The bond shared between family members allows us to understand each other's opinions, and more importantly, understand each other's feelings which can increase empathy and acceptance with each other.

Family Harmony's 2016 Art Exhibition “Listen to Your Kids' Inner Voice” displayed more than 853 children's understanding of their family, ranging from various ages (3 - 20 year old) and from different religious beliefs. Despite the children's different interpretation of a family, there was one common belief: the children love their parents and are grateful for their parents' care. No matter what rebellious phases all teenagers go through, it is understood that parents are invaluable and are a vital pillar of support in their lives.

Chairman Chris Chan

序言

2016 年雙親節行為藝術展 “聆聽孩子們的心聲”

家是什麼？可以說家就是一個關係，家中各成員的關係。如果家中各成員的關係破裂，家就不成為一個家了。只是幾個人同住在一間房子而矣。家中各人的關係越親密就越感覺到是一個家。親密的關係是能瞭解彼此的想法，更重要是能瞭解彼此的感受，並互相包容和接納。

這次展覽由十多個包括中學、小學、天主教、基督教及佛教團體參與及支持，共展出 853 位孩子的心聲，年齡由 3 歲到 20 歲。我們看到不同年齡的孩子都有一個共同的特點，就是他們都很愛父母，感恩有父母的照顧。特別是我們認為極度反叛的青少年，也同樣表示很愛父母，感恩有父母的照顧及陪伴，並祈望將來可以報答親恩。

會長陳偉力



**中國人缺少擁抱，
缺少肌膚之親**

我們不善於用肢體動作來表達人與人之間的友好和親近，這是一個很大的遺憾。

心理學研究表明，那些經常被觸摸和擁抱的小孩的心理素質要比缺乏被觸摸和擁抱的健康得多。成人也是如此。人需要觸摸。中國小孩遠比美國小孩受到擁抱和親吻得少，到了十歲左右，就很少有人擁抱和吻你了，包括你的父母親人。除了握手，我們要到談戀愛時才會和另外一個有身體接觸。也就是說，我們通常在十來年或更長的時間裏，沒有身體的親密接觸。在西方文化裏，父母和兒女、兄弟姐妹之間、好友之間，從小到大沒有間斷過擁抱和親吻。凡是正常的人都會有體會，任何言語表達不能代替肢體的表達。社會學和心理學教科書都有“身體語言”這個術語。中國文化缺少豐富的身體語言來表達人之間的感情和分享，是我們文化含蓄的原因之一還是結果之一？

今日就給自己和身邊的人一個機會，
互相擁抱，互相讚賞，然後拍下這一個紀念。
我們希望能夠收集你們擁抱的回憶，然後製作成一組照片放到我們的網站和其他人分享和傳遞擁抱的力量，和隨家歡進進會謹此謝意。

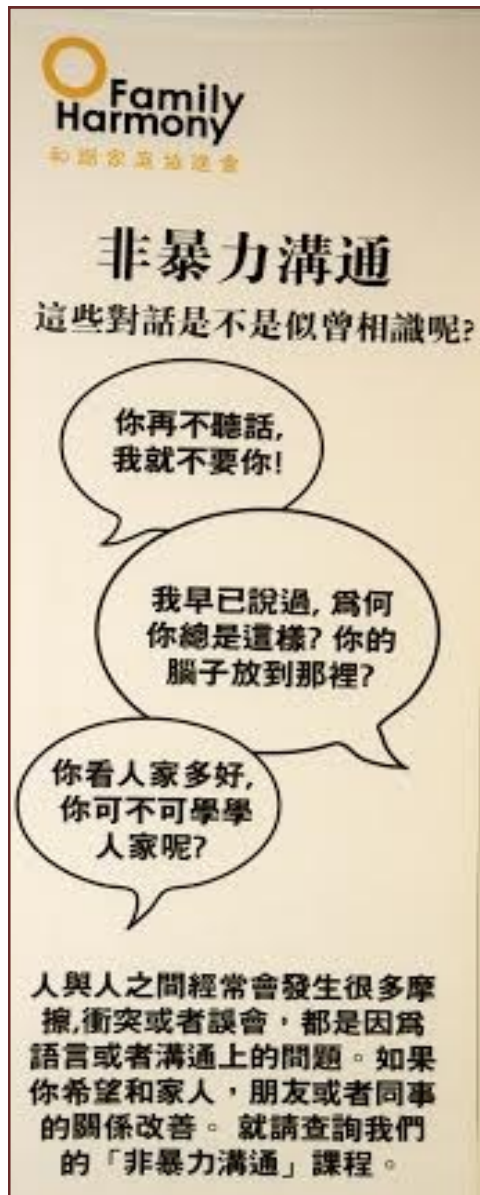
Family Harmony
雙親節
可以給我一個擁抱嗎？
Give me a big hug please!!



Non-Violent Communication/非暴力溝通的實驗

During the exhibitions, we invited 4 families to use 3 pieces of bread or white rice to perform an experiment. The purpose of the experiment is to explore the impact to the bread/rice in response to positive and negative energies. In a month, members of these families consistently appreciated and encouraged the first piece of bread, scolded the second and ignored the third. Our conclusion can be seen in the following photos. Now please think about it: if we constantly yell and blame at our children, will they be able to have any positive changes?

我們在展覽期間邀請了四個家庭用三個麵包或白米飯做了一個實驗。這四家庭用上一個月的時間每天對着同一個麵包或白米飯責罵，同時對另一個讚賞及鼓勵，最後一個不理會。目的是看看每天對着同一件物件釋放出負能量或正能量會對這物件有何影響？四個家庭得到如同以下圖片顯示的結果。請想想，如果我們長期用責罵的方式對孩子，他們會有一個正面的改變嗎？



Family Harmony
和諧家庭溝通

非暴力溝通

這些對話是不是似曾相識呢?

你再不聽話，我就不要你!

我早已說過，為何你總是這樣? 你的腦子放到那裡?

你看人家多好，你可不可學學人家呢?

人與人之間經常會發生很多摩擦，衝突或者誤會，都是因為語言或者溝通上的問題。如果你希望和家人，朋友或者同事的關係改善。就請查詢我們的「非暴力溝通」課程。



每天對它說:

小寶貝，你真是可愛，又聰明，又聽話，我見到你就特別開心。

Say the following everyday:

"Baby, you are so cute. You are also smart and cooperative. I am very happy when I see you."



每天對它說:

你真討厭，生得又蠢，又醜陋，見到你便想嘔吐，快走開。

Say the following everyday:

"You are disgusting, stupid and ugly. I want to vomit when I see you. Go away."



對這個從不理睬，當它不存在。

Simply ignore this one as if it does not exist.

Summary of our observation to the 853 Artworks

Age 3-4: Children use simple pictures to express their feelings towards the parents. Images used include flowers and smiling faces. These images are colorful and give us a touch of joy.

Age 5: This group of children use words to express their love towards the parents, especially to the mothers. Their messages emphasize a happy family. Some thanks the parents for help of their homework and story reading. These children show gratitude towards the parents and reflect no negative feeling against them.

Age 6: This group displays their love of the parents with gratitude. For example, they write about when they fall, the parents are there to attend and care for them; the parents comfort them when they are sad. Some children express their thanks to the parent for the care, e.g. food, and clothes. One child misses the parents when they go to work. One thanks the parents for the gifts. Through this group, we find children convey their gratitude with feeling.

Age 7: Children in this group talk of their love towards the parents. Thanks the parents for their care and assistance. These children show gratitude to the parental love, the parents' devotion to care for them, and understand what the parents' expectation are. Ten children in this group appreciate the parents for spending time with them. One thinks the parents want him/her to score 100 at tests and this child wants to achieve it. One of them asks for an iPad.

Age 8: Half of the children in this group are very direct in saying "I love you" in their messages. They are grateful for the parents' help in homework, care, and food. These children realized that the parents work very hard and still will take care of them. Children of this group show deeper desire of their own needs. One of them wants money. One child indicates that he/she loves the parents because they buy them gifts and video games. One child shows concerns and is worried that the parents may divorce.

Age 9: In 140 messages, 50 of them express love towards the parents. 24 of them show gratitude and thank the parents for caring their daily lives. Parents give them cell phone and food. One child likes to spend more time with the parents. For this group of children, parents no longer appear to be the sole center of attention in the children's lives. They want to have space and are more self-centered. They mention about their conflicts with the parents, when the parents limit the use of computers and cell phones. They make the parents angry. Children found the parents' lectures and constant reminders annoying. Parents may punish or reprimand their children. One wishes the father is on his/her side. One expresses his/her love, but afraid to tell the parents. Even though this age group shows conflicts with their parents, the children still express loves towards their parents.

Age 10: 60 messages out of 89 in this group show love of the parents. Children appreciate help from the parents and the children do not feel lonely with their parents by their sides. They thank the parents for their care, for buying them clothes, food, and toys. Children feel joyful with their family. They know the parents work hard. One wants to be with the parents, but the parents work all the time. Another says that he/she makes the parents angry. However, the children long for encouragement instead of scolding from the parents. One indicates that he/she does not have any animosity towards their parents, but love.

Age 11: 2/3 of the children show love of the parents. They thank the parents for care and assistance. This group of children focus more on self-satisfaction and their own needs. For example, one feels that the parents show favoritism towards the sisters. One says that the older brother can

play computer and rest, but he/she cannot. Some express their inner emotion and their care towards the relationship of family members. For example, one indicates that it is very hard to get along with the parents and yet there are good moments. Another expresses that human relationship is complex; people tend to depart and separate. He/she does not want to part with the parents.

Age 12: More than half of the artworks express love towards the parents, especially a better relationship with the mothers. This group is much vocal of their inner feelings. They hope the parents can understand their inner feelings. For example, one feels distancing from the parents and may have let the parents down. Some children don't think parents understand the pressures they encounter. They want, but cannot share their secrets with the parents. One indicates that he/she lies so not to disappoint the parents. One feels very worry when seeing the parents argue and fight. Some ask the parents for materialistic satisfaction. For example, one has ill feelings toward the parents who do not allow playing of the iPad.

Age 13: Children in this group value the heartfelt communication with the parents. On the one hand, they find parents and family harmony important. They affirm their love of the parents and find their homes are safe harbor. For example, they enjoy having meals together with their families. On the other hand, the children have strong desire for their own needs. The children do realize that the nuisance they get from the parents through lecturing, scolding, and screaming are beneficial. However, the parents' attitude is hard to take. One feels that children become the tool the parents use to fulfill the parents' wishes. Some hope that the parents engage in fewer fights and suggest using discussion or talking as a way to resolve problem and refrain from using violence.

Age 14: More than half of this group are grateful and show love of the parents. The teens want the parents to listen without judgment. A child thanks the parents for seeing things from his/her perspectives. Some hope the parents can pay attention to their talents, not just the academic results.

Age 15: This group of children love and are grateful to the parents. The teens are sensitive. For example, when feeling down, they like to spend more time with the parents. One draws a heart for the parents. One thanks the parents of what they have done and promise to be good when he/she grows up because he/she does not want to fight with the parents.

Age 16: They are very conscious and care of their self-images and identities. While majority of them show their love and care of the parents and families, they find it important to satisfy their own needs while caring and loving their families. One thanks the mother and would ask for sausages for evening meal. One asks the mom and dad, "Am I sexy?"

Age 17: They demonstrate independent thinking. Most of them still care for the parents and feel grateful to them. The teens hope for the parents' care and understanding. They also express their understanding towards the parents. For example, one thanks the parents for their support, but don't want too much interference from them. The teens want some quiet moments as they find dealing with school and homework tiresome.

Age 18: This group express love toward the parents and feel grateful to them. One asks the parents to take it easy and do not overwork. A few of them will soon be attending colleges and they find parting with the parents difficult.

Age 19: This group shows their love towards the parents; the teens are grateful and will think of the parents from time to time. Three teens say that their parents are mean and fierce, but the teens know deep down, the parents care and want the best for them.

我认为吾之母其本性上以助人为乐，牺牲吾^己之益而取其乐。就是因为这种性格，我非常非常讨厌、憎恨她，宁可让外人受益也不让自己的子女受益。

The thing about my parents is that they are most of the time, pretty cool people. They are starting to see my side of the picture and started to really leaned their decisions more towards me. But sometimes, they could be that stereotypical parents that only focuses on your grades and nothing else. "Are you done with your homework?" "How are you doing in math class?" "Why did you get a 95 on this grade?" They ask these questions and they focus more on education and not really about our talents. They could ~~be~~ be very annoying and nag all the time but without good intentions.

I want to have a phone. I want to play games on the I-pad, but you only let me play the I-pad at saturday and sunday. so I want a phone, then I could download games on the phone and play the game after I finish doing my homework and I don't need to wait for saturday and sunday to play games. And I want to make a password too, so you won't delete my games.

Dear Mother and Father,

I have no regrets in my High school ^{year} because all the failures I have endured were a part of learning. This year, in the month of June I will graduate and your expectations for me will stay the same. Don't worry I will try my best in college to ensure a better future for our family.

From,
Kenny Feng
冯宝宝

To my mom and dad,

I love that you are both hard working and independent. You both work 5-6 days a week and you have your own thoughts and opinions about everything. You guided me for the majority of my life and I am happy with the way you raised me. However, I know that everyone is not perfect. Over the years, I noticed that you will almost never change your own thoughts and opinions. As a child, I always thought I was wrong, but when you tell me how you think everything should be done, I know you're wrong. There is no reason for me to do everything the way you want me to, especially concerning my academic routines. I don't think that you are too headstrong and are unwilling to change your ways. In addition, you don't understand how I prefer to do things. Whenever I am doing homework on my computer, you think I am playing a game because you don't understand technology. You also don't understand how school works. You believe that all classes are of the same difficulty. You believe that every grade should be at a certain cutoff. However, there are classes that are easier and others that are almost unreasonable. My goal in school is to beat the average which you don't approve of. In addition, you rarely believe what I say. When I say I spend \$8.75 per week on lunch, you find it unbelievable that I spent \$35 in a month. As soon as I ask if I should just skip lunch to save money, they say no. It is almost unbelievable. Then you guys spend money on useless things. Dad, you bought a \$800 lighter because you liked the way it looked. Mom, you buy several purses a year that range from \$500-\$1500 even though you have so many purses that you don't use. However, I still accept who you are because you still respect me. Even though our opinions differ, we ignore that and try to enjoy the things we have in common. Therefore, I am grateful to you and to what you are in my life.

總結這次 853 個孩子們的心聲如下：

- 3 至 4 歲的孩子用簡單的圖像來表達對父母的感受。有花草有笑臉，都是色彩繽紛的，開心的感覺。
- 5 歲的孩子用文字來表達對父母的愛，特別表示愛母親。強調一個開心的家庭。有些孩子多謝父母幫助功課和閱讀故事。對父母有感恩之心，未見對父母有負面的表達。
- 6 歲的孩子表示愛父母，有感恩的心。例如寫上：我跌倒時你關心和照顧我，我不開心時你安慰我。有孩子表示感謝父母在生活中的照顧，如煮食和衣著等。有位孩子表示父母去工作時會掛念他們。有一位感謝父母的禮物。看到孩子們用感受來表達自己。
- 7 歲的孩子大部份是表示愛父母，多謝父母照顧及幫助。對父母的愛有感恩，欣賞父母對自己的付出，瞭解父母的要求。有 10 位朋友感謝父母花時間和他/她在一起。有一位覺得父母要求是成績一百分，會努力做到。有一位想要 iPad。
- 8 歲的孩子中過半數對父母直接講我愛你。有感恩父母幫助功課，照顧，煮食。意識到父母工作辛苦但仍然照顧他們。這年齡的孩子對自己的需要較強的要求。有一位孩子表示想要錢。一位孩子表示愛父母因為他們買禮物及遊戲機給他。有一位孩子擔心父母離婚。
- 9 歲的孩子，140 個中有 50 位表達愛父母，24 位表示多謝，感謝照顧生活，買手機和食物。其中一位想和父母多些時間在一起。這年齡的孩子已不是全部以父母為中心，他們要求有自己的空間和自我中心較強。同時表示與父母有衝突。例如父母限制用電腦，手提電話。他們會令父母生氣。覺得父母時常教訓會好煩擾。也有表示被罰。有一位希望父親能站在自己的一邊。有一位表示愛父母但害怕告訴他們。儘管有以上的衝突，孩子們都表示很愛父母。
- 10 歲的孩子，89 位中有 60 位表示愛父母，感恩有父母的幫助及父母令他/她感到不孤獨。多謝照顧，買衣服，食物，玩具。表示家人一起是開心，知道父母辛苦工作。有一位表示想和父母一起，但他們不停地工作，工作再工作。有一位表示知道令父母憤怒，但希望父母用鼓勵方式教導而不是責罵。有一位表示“我不是恨父母，我是愛你們的。”

總結這次853個孩子們的心聲如下：

11 歲的孩子中有2/3是表示愛父母，多謝照顧及幫助。這年齡的孩子滿足自我的需求增強。例如認為父母偏心妹妹。一位表示哥哥可以玩電腦及休息，但他却不可以。亦有表達內心世界的感受和對家人關係的關注。例如有一位表示和父母相處好困難，但亦有好的時光。另一位表示人與人的關係很複雜會分離，但他/她不會和父母分離。

12 歲的孩子中過半數表示愛父母，與媽媽關係比較好。這年齡對內心感受的表達加強。祈望父母能明白他們的內心感受。例如有一位感受到和父母有距離，令父母失望，但父母不明白他/她內心的壓力，心中有秘密想告訴父母但做不到。有一位表示說謊是不想令父母失望。有一位孩子表示看見父母爭吵很擔心。也有對父母提出物質的訴求。例如覺得媽媽很不好因為不許玩iPad。

13 歲的孩子重視心對心的溝通，重視父母和家庭之間的和諧。肯定父母的愛，有意識到家庭是一個避風港。例如表示和家人一起吃飯很開心。另一方面對自我的空間有強烈的需求。明白父母的囉嗦、苛責、粗暴及怒吼是為他/她好，但自己內心不舒服。有一位朋友覺得父母要以孩子成為滿足父母願望的工具。有孩子祈望父母少些吵架，用交談的方式解決問題，不要用暴力。

14 歲的孩子有一半以上表示愛父母，祈望父母能開放地聆聽孩子。一位孩子多謝父母能站在他/她的角度看事情，祈望父母能關注自己的天生才能，而不是只關注學業成績。

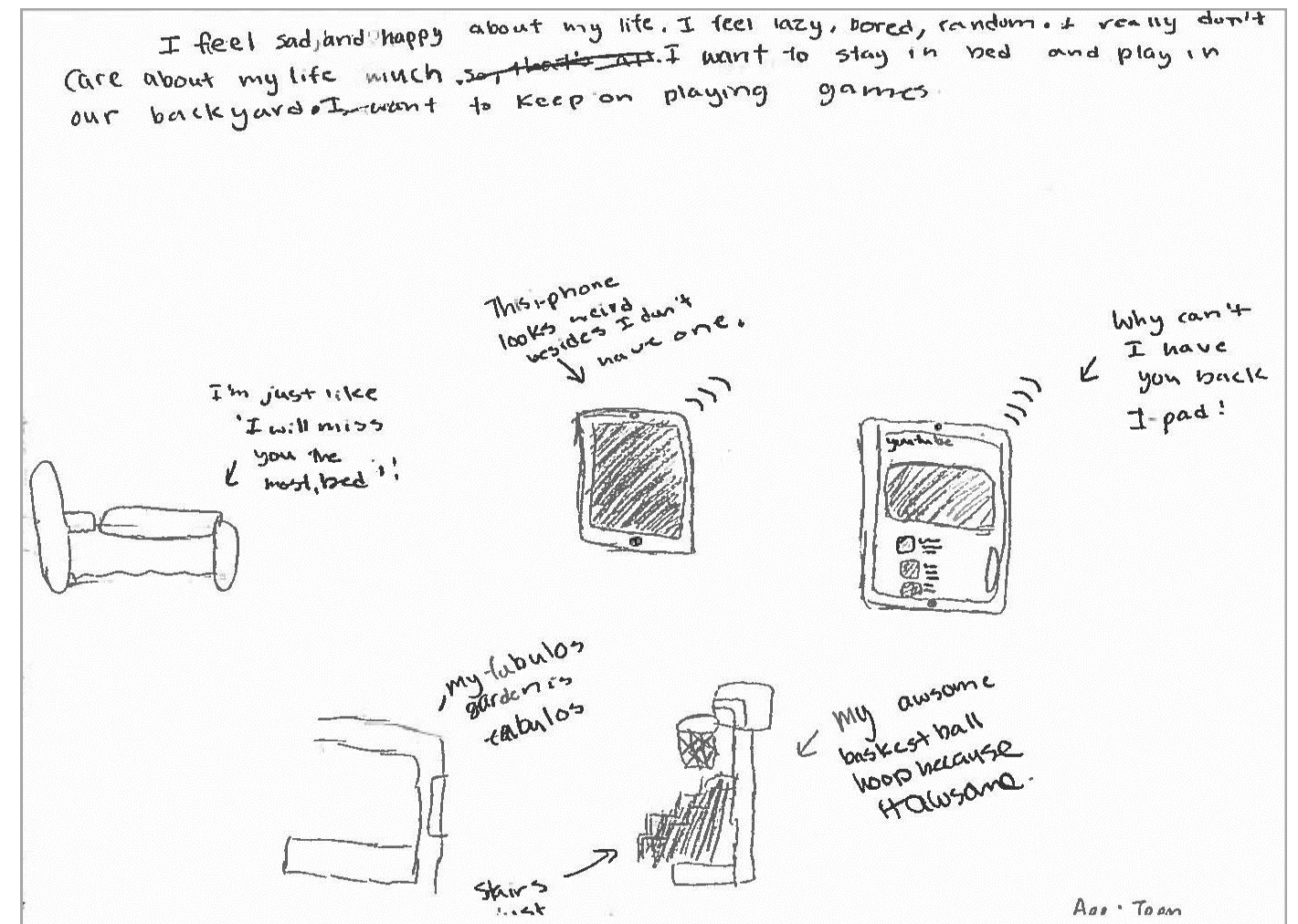
15 歲的孩子表示感恩及愛父母。這年齡重視感受。例如渴望多些時間和父母一起，特別是在情緒低落時。有一位畫了一個心給父母。當中一位多謝父母所做的一切，承諾長大後會做好，因為不想和父母有爭吵。

16 歲的孩子重視自我及外表形象，但大部份對父母及家庭也是表達很關愛。表示愛父母及家庭的同時也表達自己的需要。有一位朋友多謝媽媽，同時亦要求今晚吃肉腸。有一位問爸爸媽媽：“我性感嗎？”

17 歲的孩子表現有獨立思想，但大部份都是心繫父母及感恩。祈望父母關心，祈望父母體諒，自己也體諒父母。例如有一位表示多謝父母的支持，但不希望被打擾太多，應付學校及課後的課程令他/她已很累了，需要安靜的時間。

18 歲的孩子表示愛父母及感恩。有一位叫父母要停一停不要做得太辛苦。有幾位將要上大學，在離開父母前感到依依不捨。

19 歲的孩子全部表示愛父母，感恩及想念。有三位表示父母很凶但也知都是為自己好的。





Misunderstanding

This piece of writing is to show and tell how relationships between family are broken for some of the dumbest reasons. Most families mostly argue over the most stupidest things. For example : Walking the dog, washing the dishes, taking out the garbage and etc. Kids argue with their parents over little things like that even though the kids don't understand how hard these parents work for us. What we do for them doesn't even come close to compare how much your father and mother care and do for you. They keep you fed, give you shelter, clothing, and education. Despite all of this relationships are still being broken. But most parents sometimes do what's wrong. They don't understand how their kids have feelings and emotions. They sometimes abuse their children and the only one that is benefiting is them not the children. They believe that their kids are tools to satisfy their own personal goals. But not all parents are like this only around 1 out of 50 parents are like this. What i'm just trying to say here is that we shouldn't fight over silly things. Instead of arguing and using physical violence why can't we all just use words. Why are we using violence now. Mostly because of how things are now, this time period is for violence and fighting. We need to rebuild the relationships between kids and parents. Use words not violence.

Patrick Choo

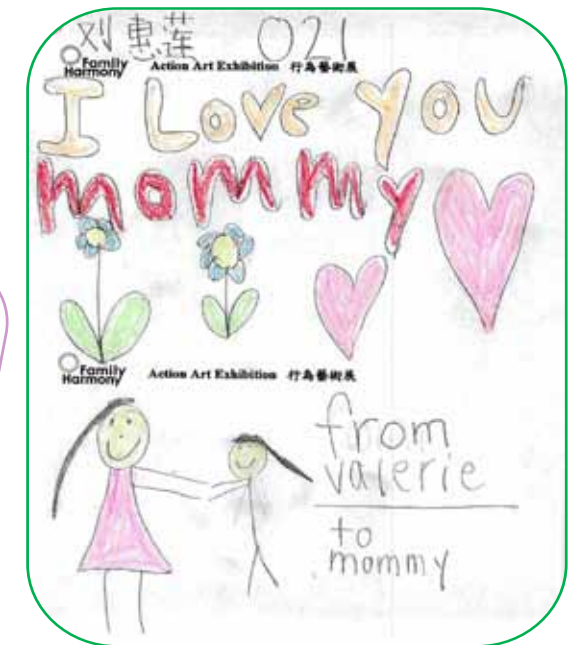
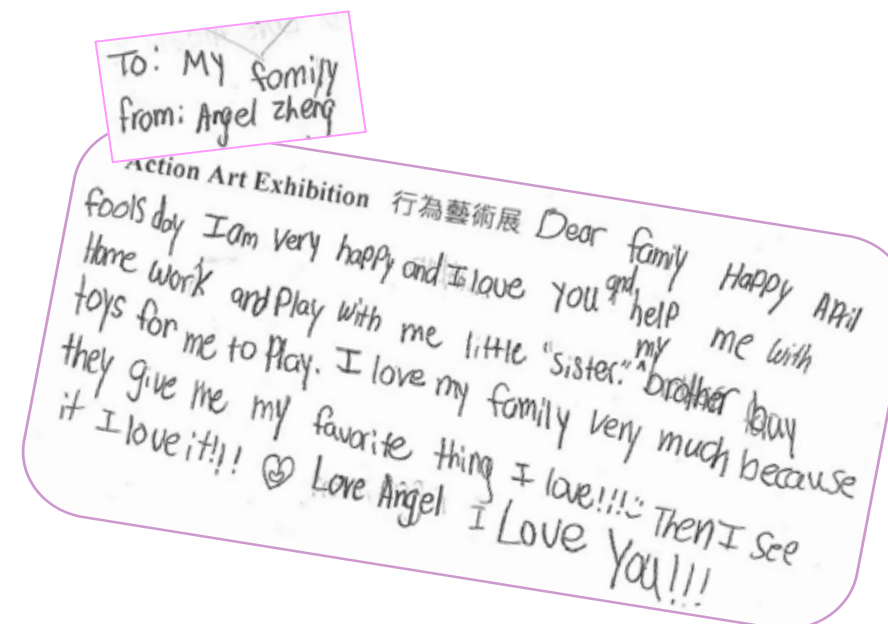
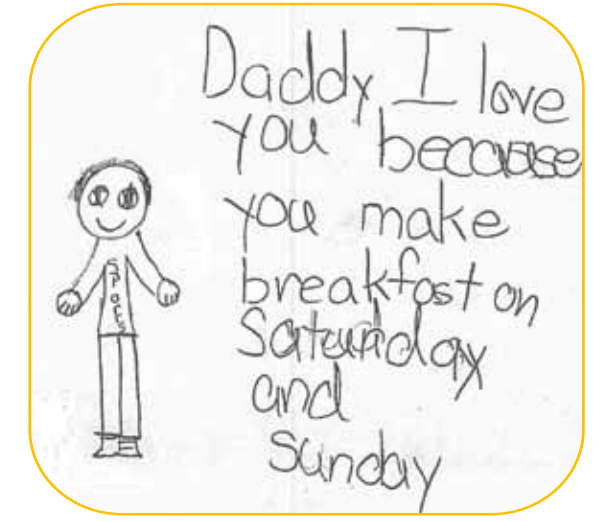
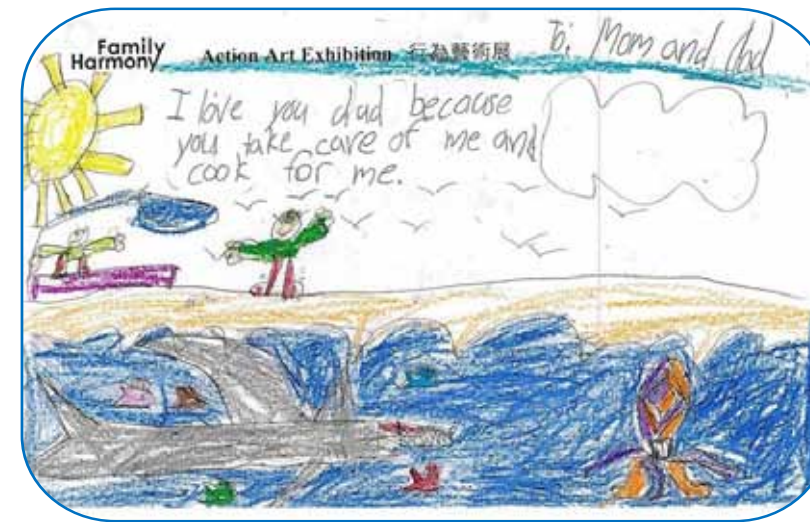
3 Different Age Groups/ 3個不同年齡組別

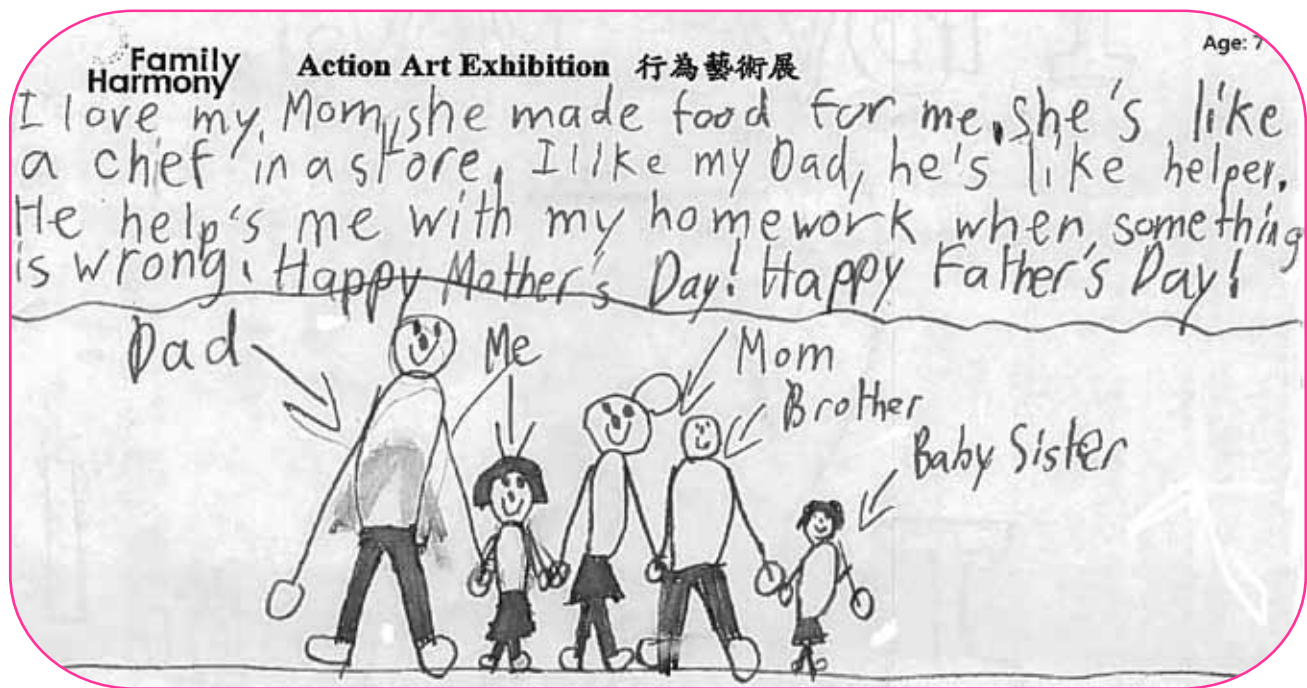
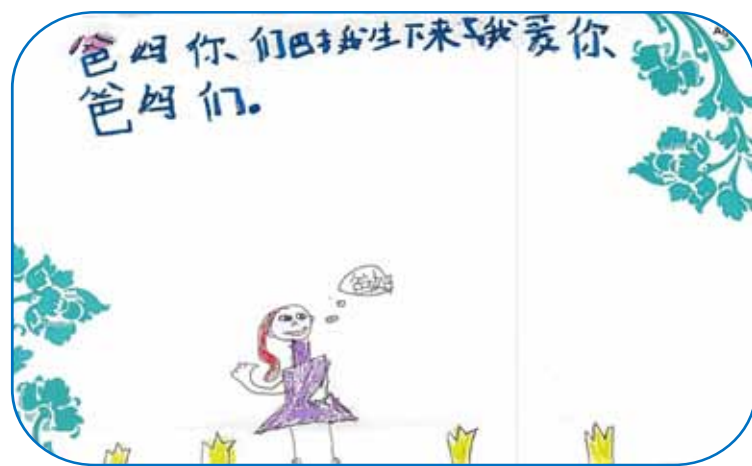
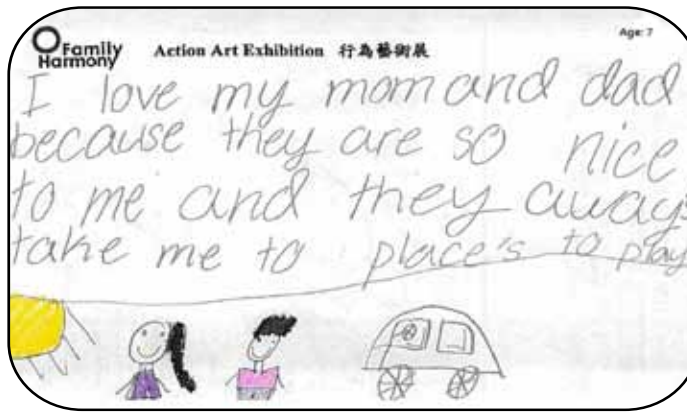
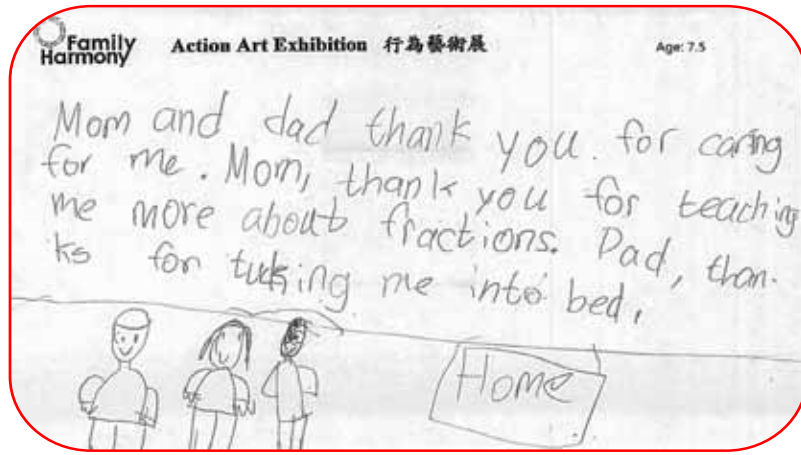
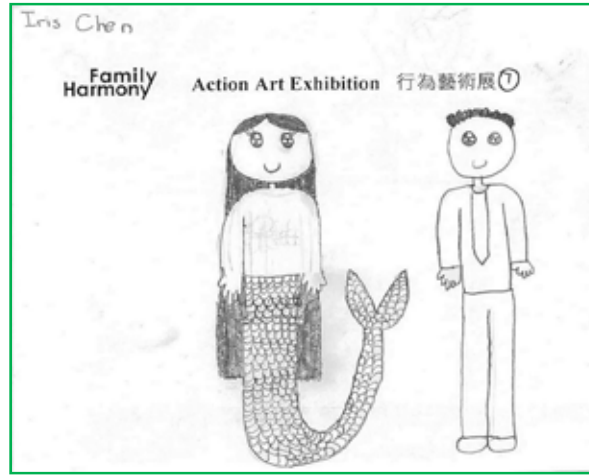
4-7 year olds

Children in this age group are more likely to lean on and focus on their parents, especially on their mothers. They long for and love a happy family. They also admire their parents. 6-7 year olds begin to understand and appreciate that their parents love them and care for them day in, day out.

四歲到七歲的孩子

這些年齡的孩子比較需要父母，以父母為他們的中心，尤其是母親。他們極渴望一個開心的家庭並享受其中，以父母為他們的偶像。六、七歲的孩子開始懂得欣賞父母對他們的愛及在生活上的照顧。





Dear Mom and Dad,

Thank you for always taking care of me. Sometimes I think you guys are doing too much for me. I want to be able to take care of you, cook for you. soon I want to be at home often. Growing up and leaving you guys is a hard thing for me, for everyone. I will always continue to work hard. I also promise to work harder in math. I don't want to cause arguments. I love you guys and Thank you for everything. You raised me well.

Dear Mom,

I know its hard to raise a teenager but you were the one who decided to have children. Of course I am and will be eternally grateful for all the money you spend on me. For example, how you buy me, a new phone every year or feeding me the healthiest food you can. But, I will always be grateful for all those clothes you passed down to me or all those shoes you didn't want to throw away so gave to me. I'm just kidding of course!

Love you so much.

~love, #1 daughter~

Dear parents,

Thank you for supporting me! But, don't bother me too much! I am tired from school and extra curricular activities. I need peace!

Dear Parents,

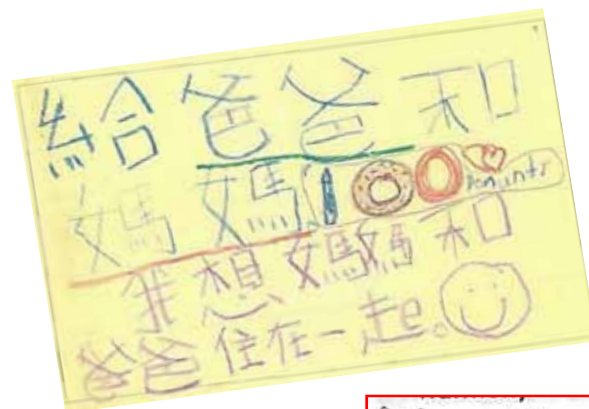
I appreciate all the little things you guys do for me.. calling me down for dinner, folding my laundry, and even nagging me to do my homework. Thank you. There would be one thing I request, however, and that is offering me some more freedom and liberty to do what I desire..

Sometimes my parents are annoying but they are caring about me. They are thinking mine future. When my parents are mean to me they are teaching me about something. So don't blame your parents they are really thinking about you and caring you.

“慈母手中线，游子身上衣。临行密密缝，意恐迟迟归。谁言寸草心，报得三春晖。”每当我看到这首诗，我总会想起我的您，我那因为我而渐渐衰老的好妈妈。妈妈，您就是雨中的小车，为我遮风挡雨，您就是夏天的一处树荫，为我挡去强烈的阳光，您就是冬天的火炉，给我带来温暖。妈妈，您为我做了这么多的事情，我想对您说一声谢谢。

Dear Parents,

I wanted to tell you that I wish you a happy Mothers/Fathers day. I will do my very best in school. I am doing really well at school also. I love you!



I will like to tell my parents that I got 100 on my test.



Age: 7 To: Dad and Mom


Family Harmony Action Art Exhibition 行為藝術展

Dear, Mom and Dad

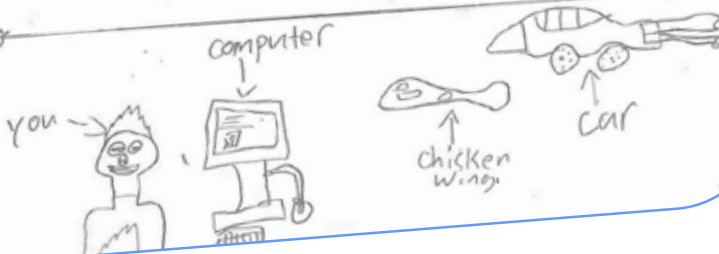
Today, I had a great day in school and you could be happy when I come home, I hope that you had a wonderful day working.

My lovely family I hope home, I

Family Harmony Action Art Exhibition 行為藝術展
 How Much I Love you
 My heart is like roses,
 You are very nice,
 Why do you like it,
 just because of e.




Dear dad,
 You are very nice to me ever since,
 you come with me and my sister Kyra, and my
 mom. You pay for everything and our whereabouts,
 and hotels and lots and lots of money.
 love, Kary




Dear Mom and Dad, Happy Mother's day
 and Father's Day. I hope you love me, when
 I'm wish^c father will you say that to me,
 day. That there was a Grandma and Grandpa's
 to them way I will say that
 too. Good Bye.

Mom and dad I love you.
 What do you when,
 I am happy. Do you happy.




Wu family
 Dear Mom
 I love you you are the best mom ever,
 Pretty and you are so good. You let go to our friends
 house on Monday to Friday.




My family means a lot to me. we may not have everything, but we always try to stick together. Even though if my
 mom and dad are separate, they still are friends. I love my mother since she tries everything to help us.
 I love my father because he also helps us. My brother helps me so much, he teaches me stuff
 I don't know.

My father is
 My mother is

Hey ma,
 I just wanted to tell you I love
 you. I know that you had a hard time
 growing up and you're still learning
 to be a parent. But thanks. 

Dear parents,
 May you buy me some food
 and drawing supplies

可能我们不能不和对母亲说出我爱你，希望你永远健康的语言，但我们可以有母亲节那天亲手为母亲做一顿饭，来感谢母亲的养育之恩。

I love all the hard work you done for me and I want to thank you for giving me a life in the world. I would especially like to thank you for giving me a life involving piano. I would be dead without piano

What I wished that you could do is pay attention to me more. There are times where I'm feeling down and I just wish you can help and understand my struggles

自从出国后，我就与母亲分隔两地，没办法与母亲庆祝。出国前~~我~~，母亲节的时候我都会送一支康乃馨给妈妈，虽然小小的礼物，她都觉得很开心，因为那是她宝贝女儿送的

Dear Mom and Dad,

I am very sick and have difficulties focusing in school. This Friday and Saturday is my Slam poetry competition at UMass Boston. Thank you for taking care of me for these past 17 years of my life! I will continue to learn and go to college. Wish me luck and bless me with warm hearts!

Thanks for reading, and hope to see you both soon!

Warm Blessings,

Your Son...



3 Different Age Groups/ 3個不同年齡組別

8-12 year olds

Children between ages 8-12 know to love their parents; they are especially grateful for their parents' material and emotional support. They yearn for time spent with their parents and are assured of their parents' love. A harmonious family is important to them so parental discord terrifies them. At the same time, awareness of their feelings and needs begins to form. Their focus pivots from the parents to themselves and as such, they start to express their views and make requests. They also treasure their personal space. They expect their parents to understand their inner feelings and hope to be empathized and accepted.

八歲到十二歲的孩子

這些孩子懂得愛父母，尤其對父母在物質及精神上的照顧懷有感恩的心。他們很渴望父母的陪伴，並肯定父母對他們的愛。他們重視家庭的和諧，很害怕見到父母不和。與此同時孩子們也開始注意到自己的感受及需要，生活的中心慢慢由父母轉移到自己身上，開始提出自己的想法和請求，並重視個人的空間。他們期望父母理解他們的內心世界，希望得到父母的認同和接納。



Hi Mom
Hi Dael
Thanks for using up your time to read this. (17)

Dear parent,
Thank You!!
I love you, and all the little things in life you do for me. They may go by unnoticed now, but in the future they are noticed and appreciated.
XOXO,
Ashley





My parents are very hardworking. Since they are divorced my mom has to support me and my sister by herself. I love my mom very much and she always finds time to bring me to my extra curricular activities. I know my mom always wants what is best for me even when I don't want to do it. I know that my mom expects a lot from me but I appreciate that because it sets higher standards for me to work towards.

13 I am sorry for the things I did before. For example, being rude and yelling at what's happening. I am thankful for always keeping me hopeful. When I think of my parent, my mom tells me to do a lot of stuff but all those were just helping me preparing for future. When my dad tells me to work hard on school, I did what he say



Dear MaMa,
Thank you for everything you did to me: you taught me to wash the dishes, tie my shoes, pay for my schooling, feeding me well three times a day, and teaching me to learn math, reading, writing, and how to talk.

Love you!

Dear parents,
我爱你妈妈,爸爸。
Hope you live longer and be there for me forever. I hope everything will go well, when I go off to college.

你的儿子

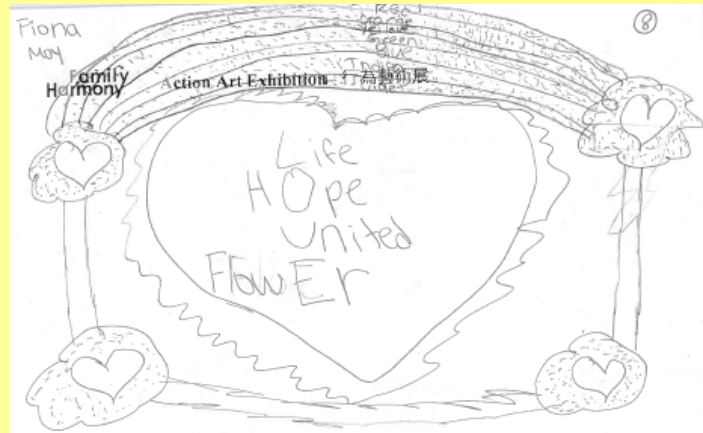


I LOVE MY FAMILY

- They are really cool
- They are fun
- They give me a good home
- They give me food
- They love me a lot
- They care for me
- I LOVE THEM I LOVE THEM A LOT !!



I LOVE THEM A LOT !!



Besty!
Besty, Besty, Besty
You are the best...
Mom and Dad...
Forever

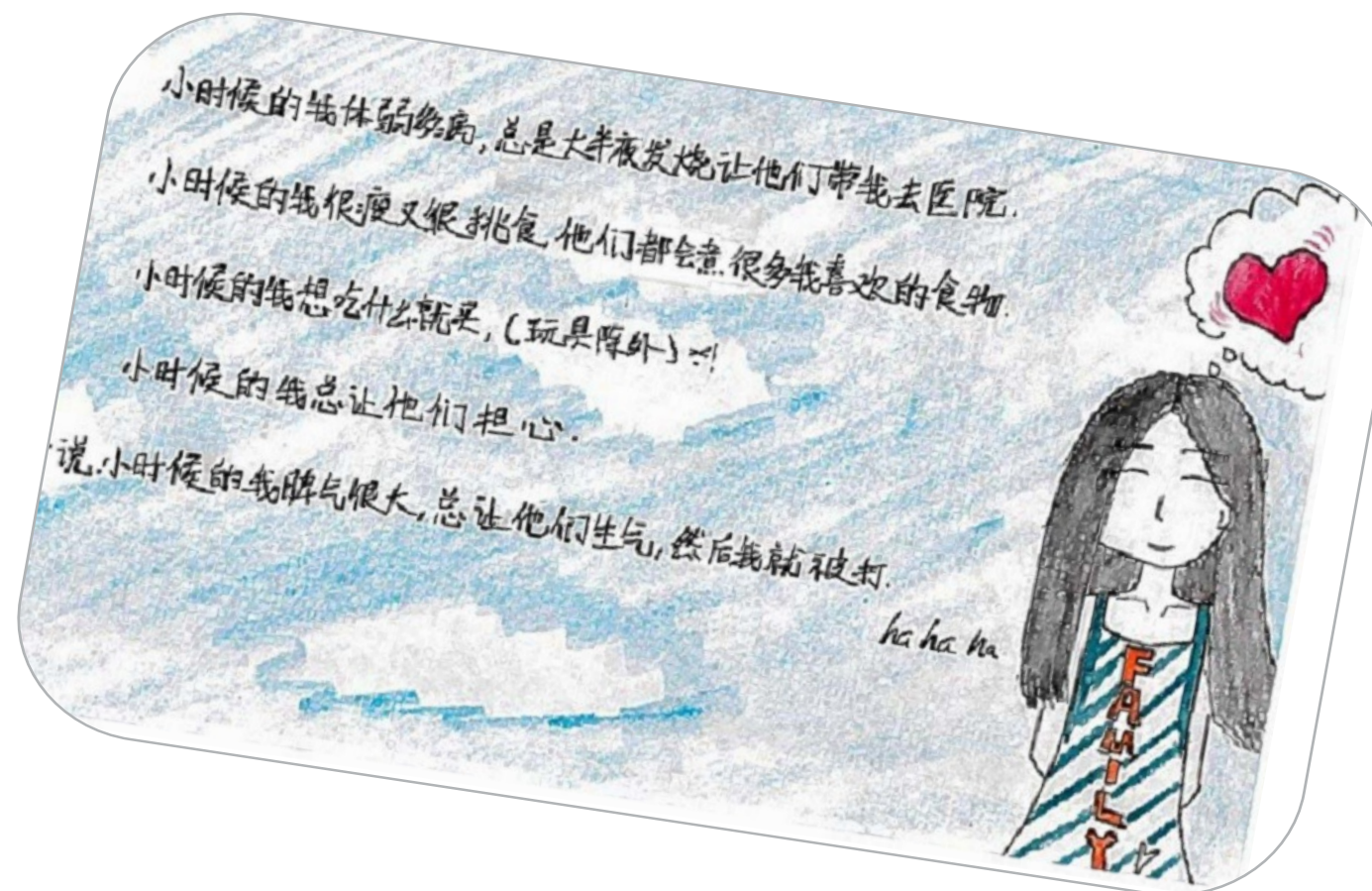
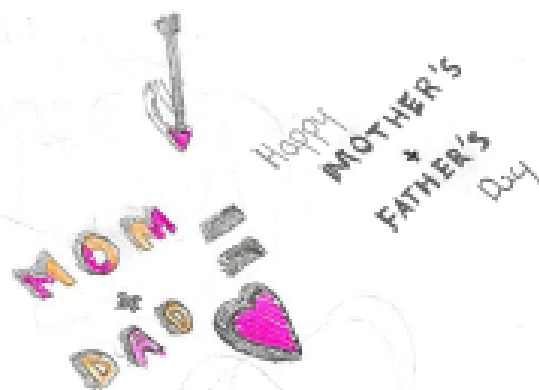
From the start of my life till now...
You have always been on my side...
Never not love me
No matter how mad you get,
I get how you really feel,
I know you love me

Mommy, Daddy
You love us

Your love is always forgiving
I could tell just from what you do,
what you say and all your actions
Just like GOD, Almighty Father.



Oh, Roses can be red
And, Violets can be blue
But, Mom & Dad,
Both of you can be colors too.
Oh, Happy Mothers & Fathers Day
'Cause I Love you too.
And in the Cycle of Life,
May God BLESS You Too.
Oh, Thank You for caring and loving for me,
For I'll love You too
In all of Eternity.
MOM and DAD both spelled backwards are MOM & DAD too,
And, that's why I love You, because you're special TOO!!!



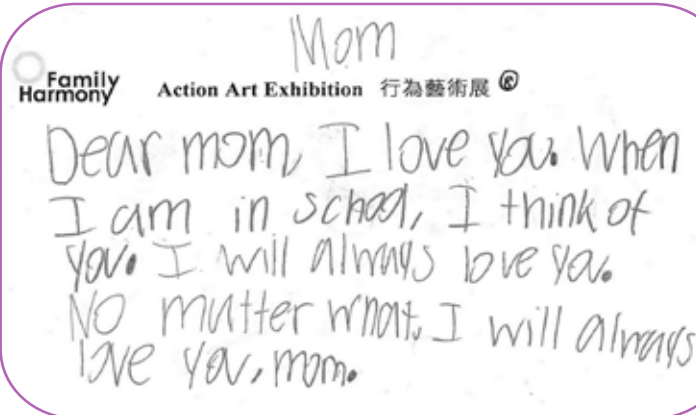
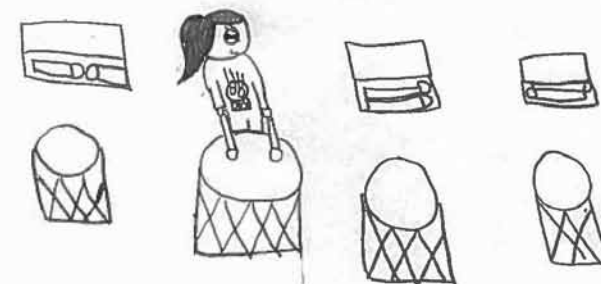


Thank you for spending time and money for me. You drop me off and pick me up for soccer every day soccer. You pay money for me to go to classes to improve grades. You even spent over \$1000 for this math summer camp. You cook and clean. You helped me to where I am and you make me religious. You work the whole day and come back late in the night for money that will be spent for me and my future. I promise to repay everything you've given when I grow up. I promise to help the world and my brother. Thank you for waking up early for school. Thank you for working and loving me. I will always remember my parents. Sincerely an anonymous loving son

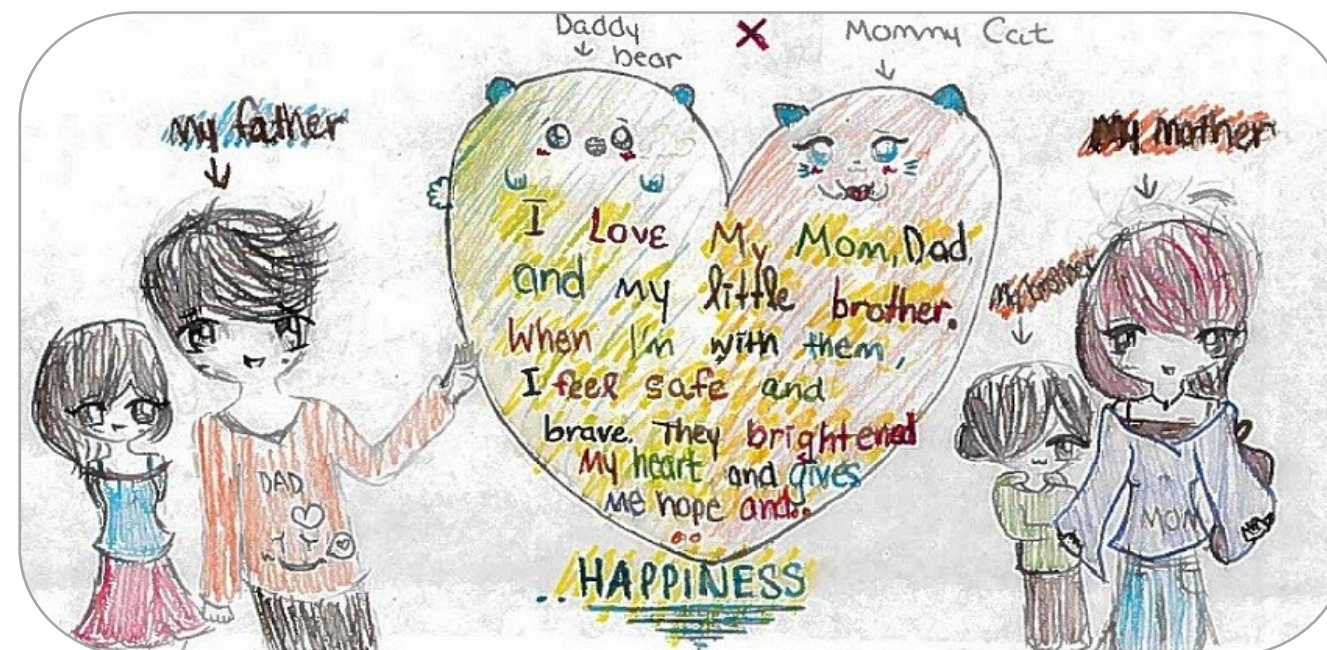


Dear, Mom I hope you like my picture. I like you when you is prond to me. I was so happy today.

Age: 8 I love drum class and thank you.



Mom
Dear mom, I love you. When I am in school, I think of you. I will always love you. No matter what, I will always love you, mom.



Dear mom,
Thank you for helping me, always I still remember the time that you and me walked through the park. When I needed help you are always there for me. You've been a big help mom.

Love YiBang Huang



Dear Mommy and Daddy,
Thank you for buying me new clothes and shoes. I love you so much. Thank you for cooking me food when I'm hungry. Thank you for bringing me to school everyday. Thank you for buying me school supplies. Thank you for helping me on homework. Thank you for your hard working. Thank you for waking me up when I'm late to school. Thank you for buying me a comb, a hair tie and a hand band for me to use for my hair. Thank you for buying me special things for my birthday. This is how much I love you from my heart. ❤️

Family Harmony 9 Action Art Exhibition 行為藝術展 Thank You Mom and Dad

for buying me a phone, approving for letting me go on trips and always being there for me. Even tho dad comes at 6:00pm from work you are still very close with me. And thank you mommy and daddy for cooking those delicious meals. (Sorry because I know you guys dont like me skinny but I just dont eat too much!) Thank you for allowance and helping me with very tuff home work! Thank you very much for praying with me to!
(Drawing not the best)



Family Harmony

Action Art Exhibition 行為藝術展



她，未婚前是长得很好看，有长发。生了我之后，她剪短了长发，成了一个家庭主妇抚养我长大。岁月在她的脸上刻下了皱纹和褐斑。她教育我成为一个好孩子、好学生，可到了现在的叛逆期，我经常跟她斗气，惹她生气，而生活也有让她烦心的事。她其实是个容易心软的人，刀子嘴豆腐心，为人也大方，就是说她大声了点，她，就是我的母亲。


我很喜欢我的母亲，她虽然有时对我很严厉，但她十分疼爱我和妹妹。我知道，每次她骂我都是希望我能改正，骂完后她会对我细声细语的讲道理让我明白。

I love you, I actually never said that before.
Have you given up on my brother?

Dear Parents,

Thanks for being there for me when I needed support. You were there when I was at my best and when I was at my worst. Thanks for being able to put up with my act all these years. I know I have made life hard on both of you, but I am truly grateful that you were both able to put up with it.

From:
Your Child



母亲的手总是温柔的，替我洗衣做饭，替我整理房间，每天唠叨着我，虽然有时会和我吵架，但我依然还是那么爱她。希望她能每天健康快乐地活下去。

Dear Mommy,

Happy Mother's day! I love you very much and I will always love you. You always buy me new clothes and let me be creative. You tell me what's right and wrong, but you always love to play with me all day long. I sometimes get you mad, but I still always love you as much as I can. You always bring me to vacation and let me buy souvenirs at each one. No matter how much it cost, you will still always buy me stuff. I ❤️ U Very Much

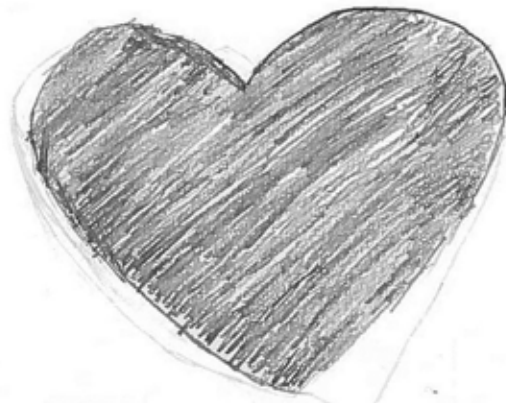
Mom,

I appreciate everything you do for me. I ❤️ you with all my heart. You make me feel proud even when I am down. You make me feel I can do anything as long as you are there for me. Having you around is the best thing I would ever had. Happy Mother's Day! 😊

I wanna say thanks to my dad. My dad helps me by keeping me safe when I fell down on the street, my dad sprays me with special medicine when I am sick. My dad tries to make me feel better. If I need help my dad is always there to help me.

Dear Mom,
 You have led me very far, and inspired me a lot.
 You have showed me to never give up and try your best.
 Without you, I may not have been here right now.
 But when I grow older, he wouldn't be able to guide me.
 Still, you will always be in my heart, remembered.
 Always.

My parents are the best people in the world. They support and help me when I struggle. They cook for me and provide me comfort. My brother also helps me with my homework and makes me happy. He shows me new things. My family cares for me and wants the best for my brother and I. They love me and I love them. My family is the best family in the world. I couldn't ask for anything better. I love my family.

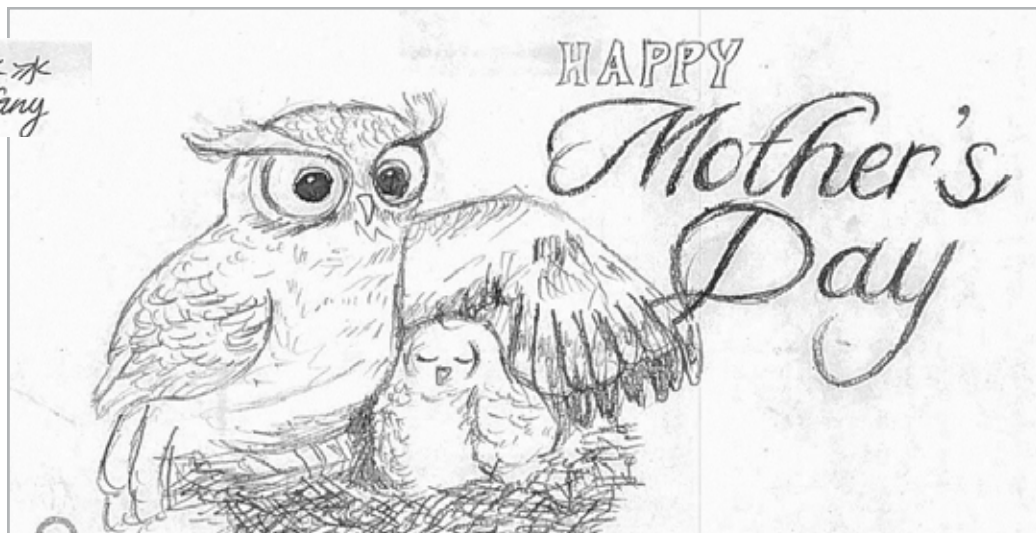


I AM THEIR MIRCLE

One after another
 I hear beats of music -
 deep inside me
 My heart sings again -
 so freely and lively
 It's the string of life that makes me stand here today
 My heart shakes again -
 to remind me
 I am the mircle
 I am their mircle

Dear Parents,
 Thank you for arriving in a foreign place and staying there for more than 20 years in order to raise your children. I know you miss your own parents and siblings, and you greatly want to go back to China to see them again. I wouldn't know what I'd do if I weren't able to see you guys for 20 years. So I understand the pain and the sacrifices you made, and continue to make for your children. I know I don't say it enough, but I love you.
 Your daughter.

冯冰冰
Tiffany



亲爱的妈妈，感谢您一直以来对我无微不至的照顾。您的爱让我拥有了全世界。我爱你。以后我会好好照顾您。

您女儿上

妈妈，我想对您说
话到嘴边又咽下
妈妈，我想对您笑
眼里却点点泪花
噢~妈妈 烛光里的妈妈
您的黑发泛起了霜花
噢~妈妈 烛光里的妈妈
您的脸颊印着这多牵挂
噢~妈妈 烛光里的妈妈
您的腰身倦得不再挺拔

噢~妈妈 烛光里的妈妈
您的眼睛为何失去了光华

妈妈呀 您的孩子已经长大
不愿牵着您的老襟
走过春夏秋冬
妈妈 烛光里的妈妈

~~Go back to the kitchen~~
Go back to the kitchen
and make me a sandwich

I need more support about school



My family is the best family I can ever have. I have a mom, Dad, Brother and sister. My Mom is the best. She helps me do everything. She cooks for me, supports me, helps me with my work and does all my necessities. My Dad is the best Dad ever. He's the one that keeps the family together. He works, and makes everything fun. My brother is my best friend. He makes me laugh and helps me with my homework. My sister helps me with homework, helps me buy things and gets me presents. Everybody in my family is AWESOME.

Hi Grandma,
 I don't know how else to express this, but words are all I've got so far. I love you :) I love you from the moon and back, literally everyday is worth spending time with you. Your company is always welcomed and I'm grateful for all you've done for me and the family. Thank you for taking care of us. Thank you for always being there. Thank you for your love.

My heart would not be complete without you

3 Different Age Groups/ 3個不同年齡組別

13 year olds and above

Children at this stage cherish their feelings and autonomy. They expect their parents to open up and listen. They have developed individual thinking and wish for their parents to take interest and to understand. Even though many people feel that teens are rebellious for the most part, their letters reveal connections to their parents. Deep down, they love their parents very much and hope to repay their parents some days.

十三歲以上的孩子

在這個階段的孩子，他們重視自己的感受及自主權，期望父母能夠開放聆聽。他們有獨立的思想，極渴望得到父母的關心及體量。雖然很多人覺得青少年大多反叛，但在他們寄來的文章中，可以看到他們仍然是心繫父母，也很體量到父母辛勞的負出。他們內心是很愛父母的，很希望長大後能夠回報父母的恩惠。



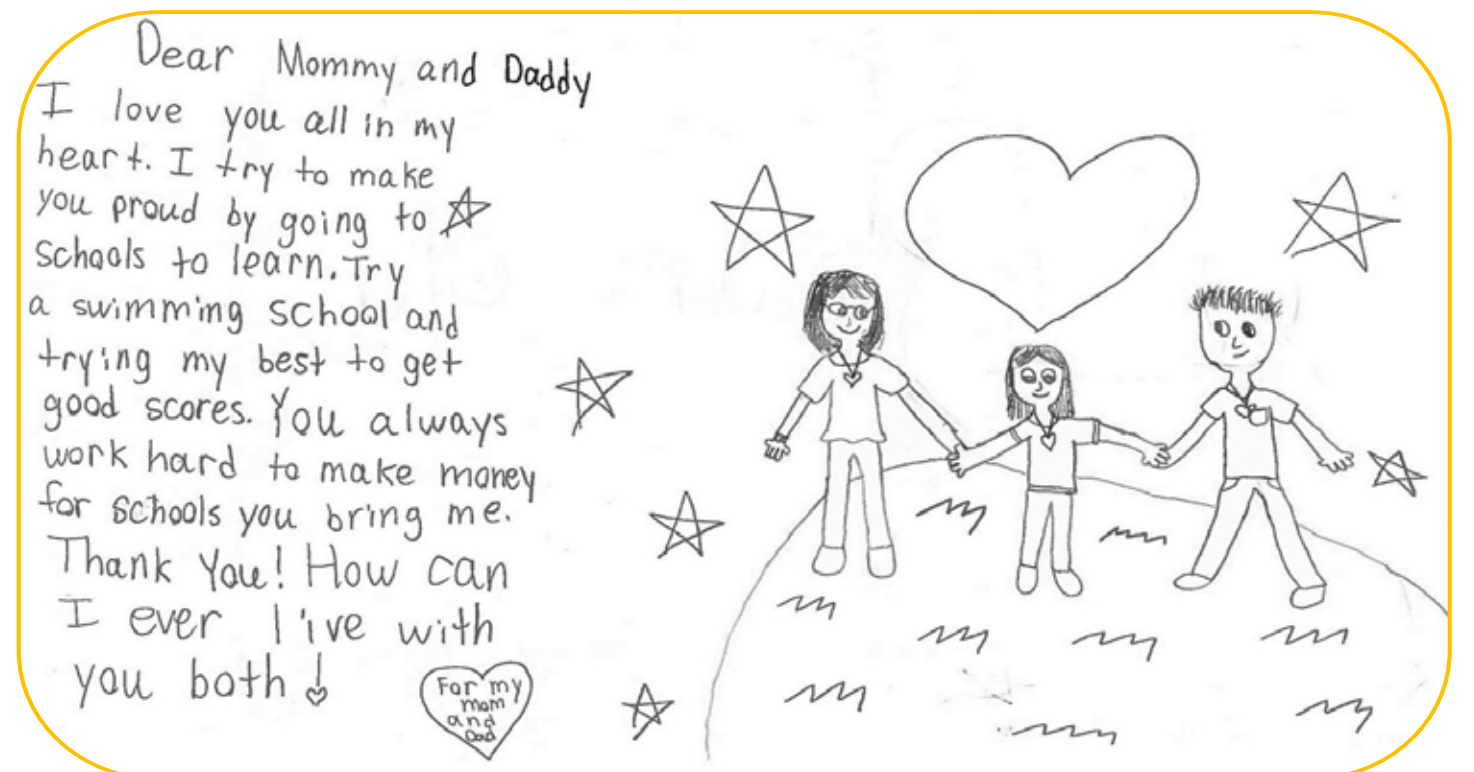
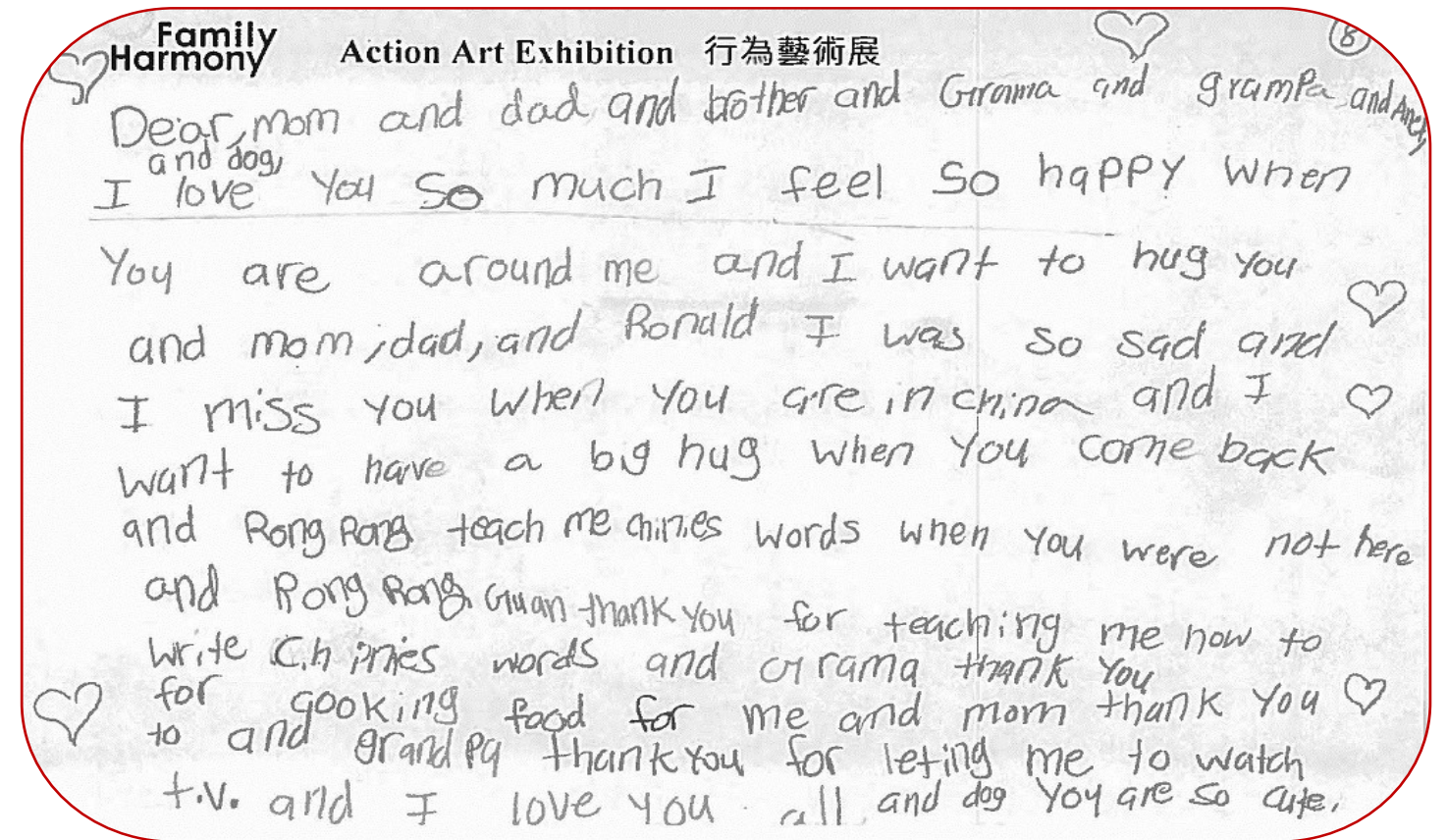
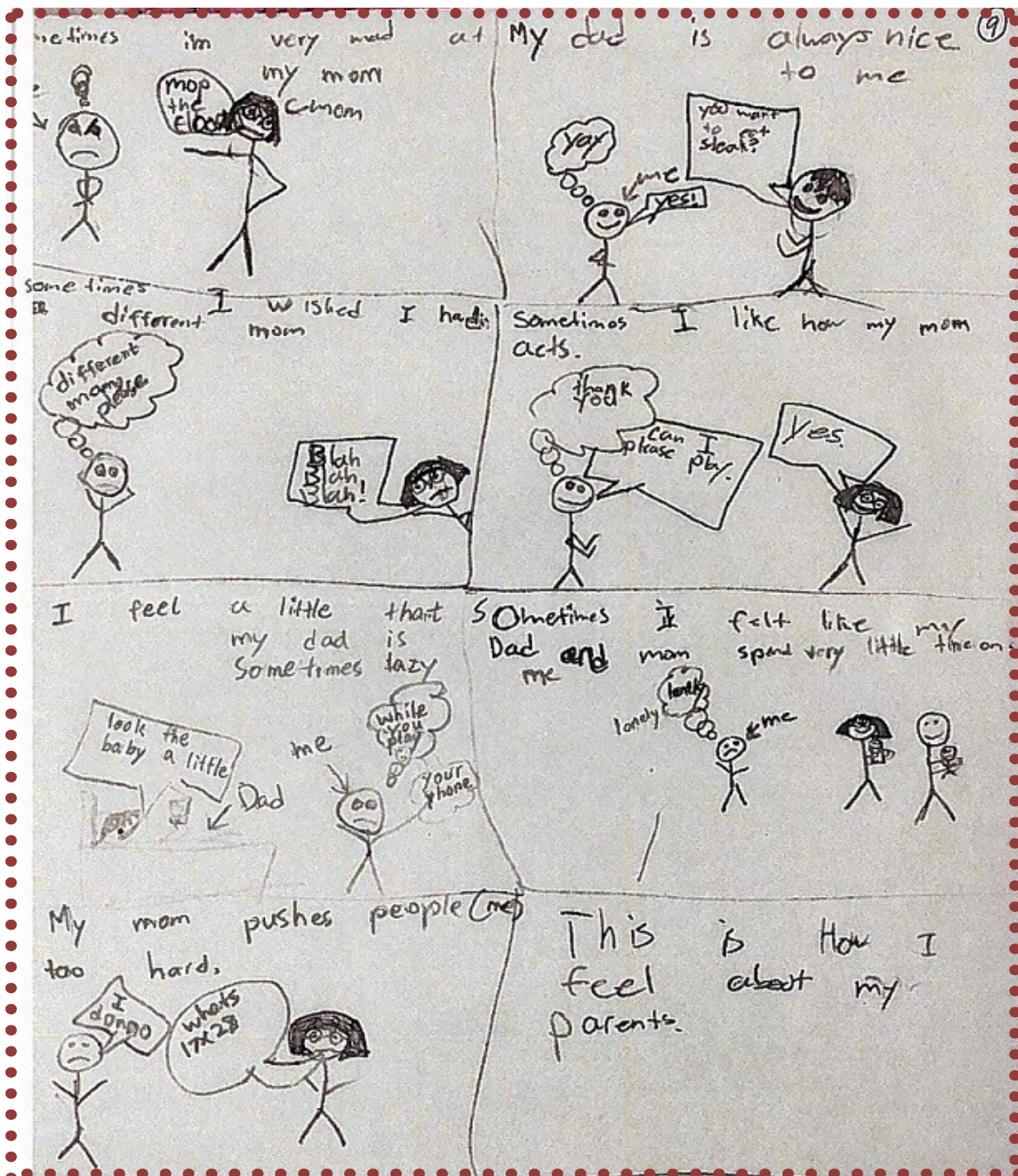
亲爱的妈妈，
 其实我很爱家。我会一直在家陪着你到老。
 我爱你。

Thank you, Mom
 I really like your cooking.



Dear parents,
 我爱你妈妈,爸爸。
 Hope you live longer and be there for me forever. I hope everything will go well, when I go off to college.

你的儿子



I am grateful for all of your sacrifices. The older I get, the clearer I see your love!

Stars of light a bright future ahead.

Peace with no wars.
Reach for life is still fair
In a world where no fights are held,
Nothing is impossible in this planet,
Go ahead and live a peaceful life.

Love is what I hold for you.
Overmount kindness you have.
Vow to stay true to your fate.
Empowered with a stronger spirit.

Mom and Dad I love you both,
I hope this poem is fair for you.
You are kind, nice, without a flaw.
But to me your heart is even more strong.
Kindness is what you taught me.
Thank You for teaching me.

THANK YOU

To Mom & Dad,

I wish you a Happy Mother & Father's day! I appreciate all the things you do for me. Until I'm older I will earn money to feed you guys. You guys work hard for me and Brandon so we should have the chance to work hard for you. I love you!




I feel that parent need to let's childrend play. I think parent need to be very very nice, very should not just do work and don't have fun. Life is very about fun.



1. Child: Hi Mom, I come back.
2. Child: I will do homework. Mom: OK
3. Child: Finish. Mom: then read.
4. Child: I finish. I read 59 min. Mom: ok then eat dinner.
5. Child: I finish eating. Mom: go to bed.






I feel that my parent are kept on telling me do chores and have no time to rest unlike my brother, he can played computer and rest all the time



I want to say to my parents sometimes I get annoyed of them talk about my behavior I can't they give me the punishment And say a sentence about what I did wrong.

I feel like my dad never lets me play anything, He said I can only play mpc in the pc for 2 hrs on the wee kends. Also, when I'm done with hw I can't play mpc on the pc. He also can set up time limit on his phone for the pc. I hate that!



Dear Mommy:

I love you so much for about 10 years,
 When you say "Honey" that's all I can hear,
 I love you so much
 Its like giving heart a clutch
 This applies to you and dad,
 I hope you can hear me and don't be sad...

I  FOREVER 

Dear Mom, happy Mothers day to you. Thank you thank you thank you, for all dear memories. You and I, We sit together at the same branch. Dear mother, I admire you and want to be just like you. Make your dreams come true.
 To my dear Mother. *X Linnia M & Sam Jones*



Family Harmony Action Art Exhibition 行為藝術展  ⑩

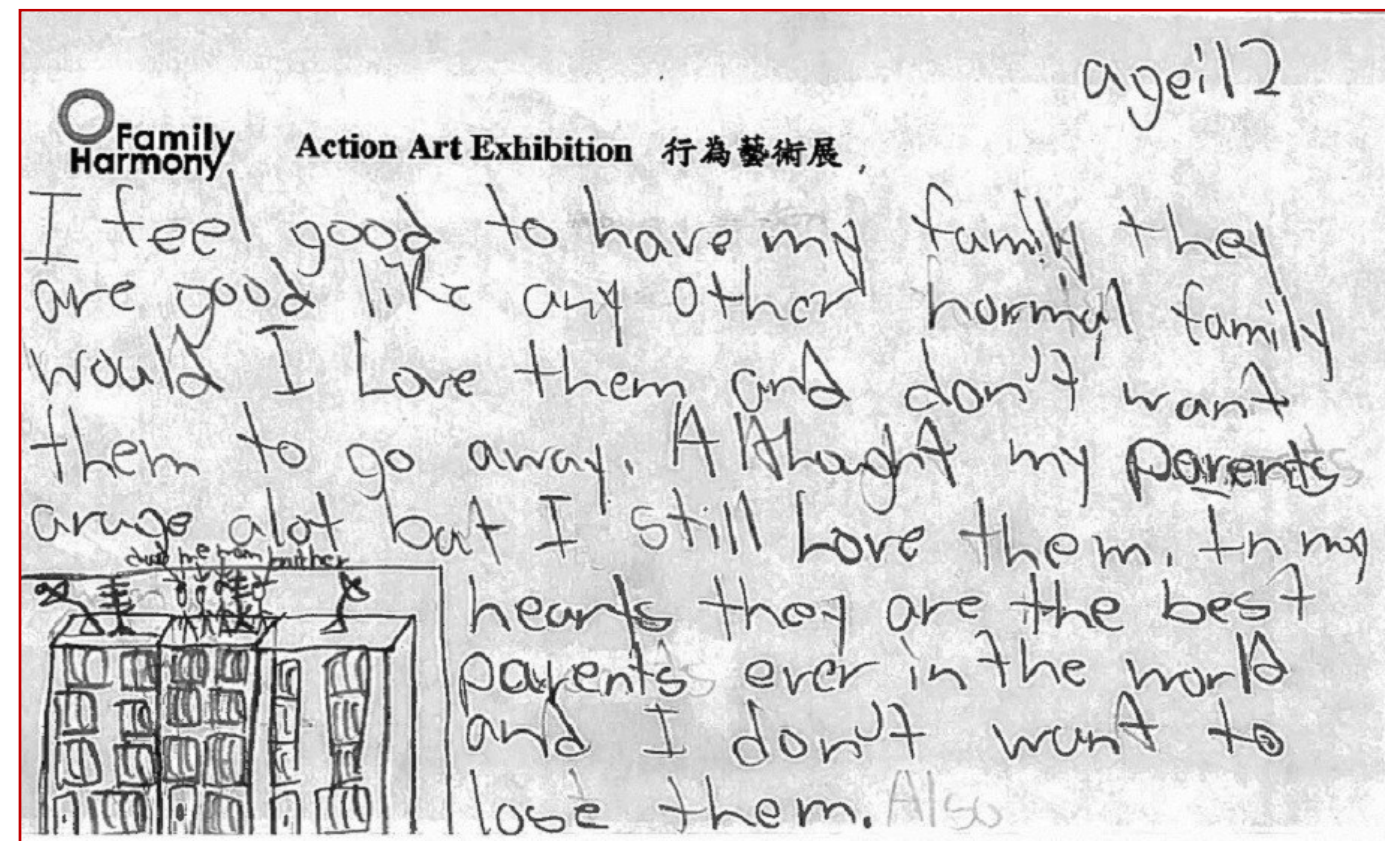
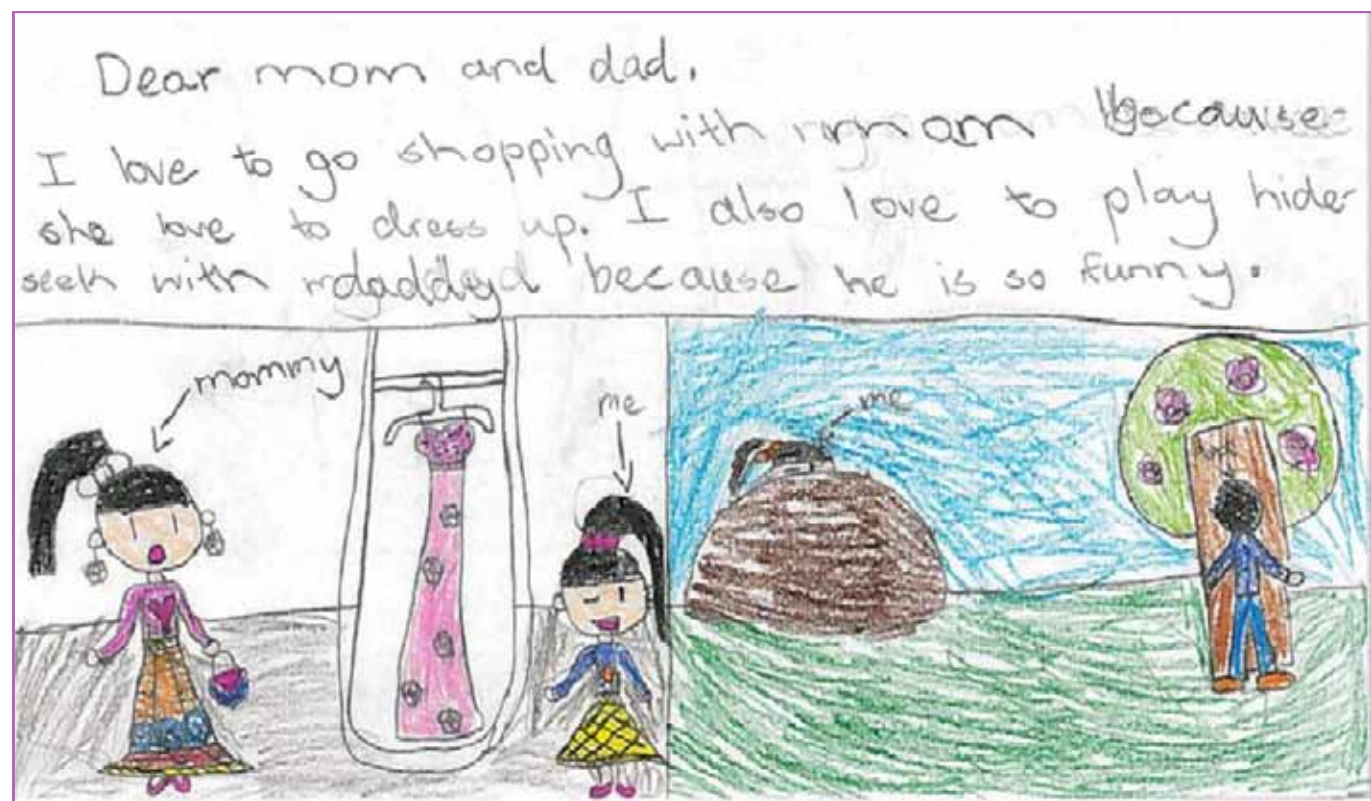
Dearest Mom and Dad,

Thank you for sending me to Saturday school. I made many new friends and learned many lessons there. Even though it makes me bored and I have been there 4 years in a row, it helped me improved my grades. I hope I pass the state exam this year.

P.s. Happy Mother and Father Day!

Love,
 Your ^{love} Loyal Daughter





Dear Mom

Roses are red
 Violets are blue
 Flowers are pretty
 And so are you

Dear Dad,

Footballs flying in the air on TV
 Playing football with you I enjoy
 Playing football with you brings me joy
 Does playing with me bring you joy



12 years old

My mom love roses,
 My dad love bowls,
 They are great,
 But their hearts had break
 They are apart
 But forever I'll love both..
 in my HEART



Dear Mommy and daddy:
 I know that I don't have that much time to talk to you, you are always work, work, work, work, and work. But I still want to write this letter to you. I love you so much!
 Happy Mother and Father's Day !!!
 I wish you can have more time to stay with me and sisters Megan and Esther.

Lovely
 Our Family
 Very Proud of
 Everyone

#1 Parents
 When I look into their eyes
 I see inspiration
 When I understand all they do
 My confidence rises to do my best
 When I look into their eyes
 I see hope, I see love, and care, anything that anybody could ever WANT.

#1 Dad
 When he wakes up early in the morning to earn money
 Not only for me for me to continue my education as long as I could
 He gives me motivation He teaches me to be proud of myself.
 Appreciate what ever I ACHIEVE

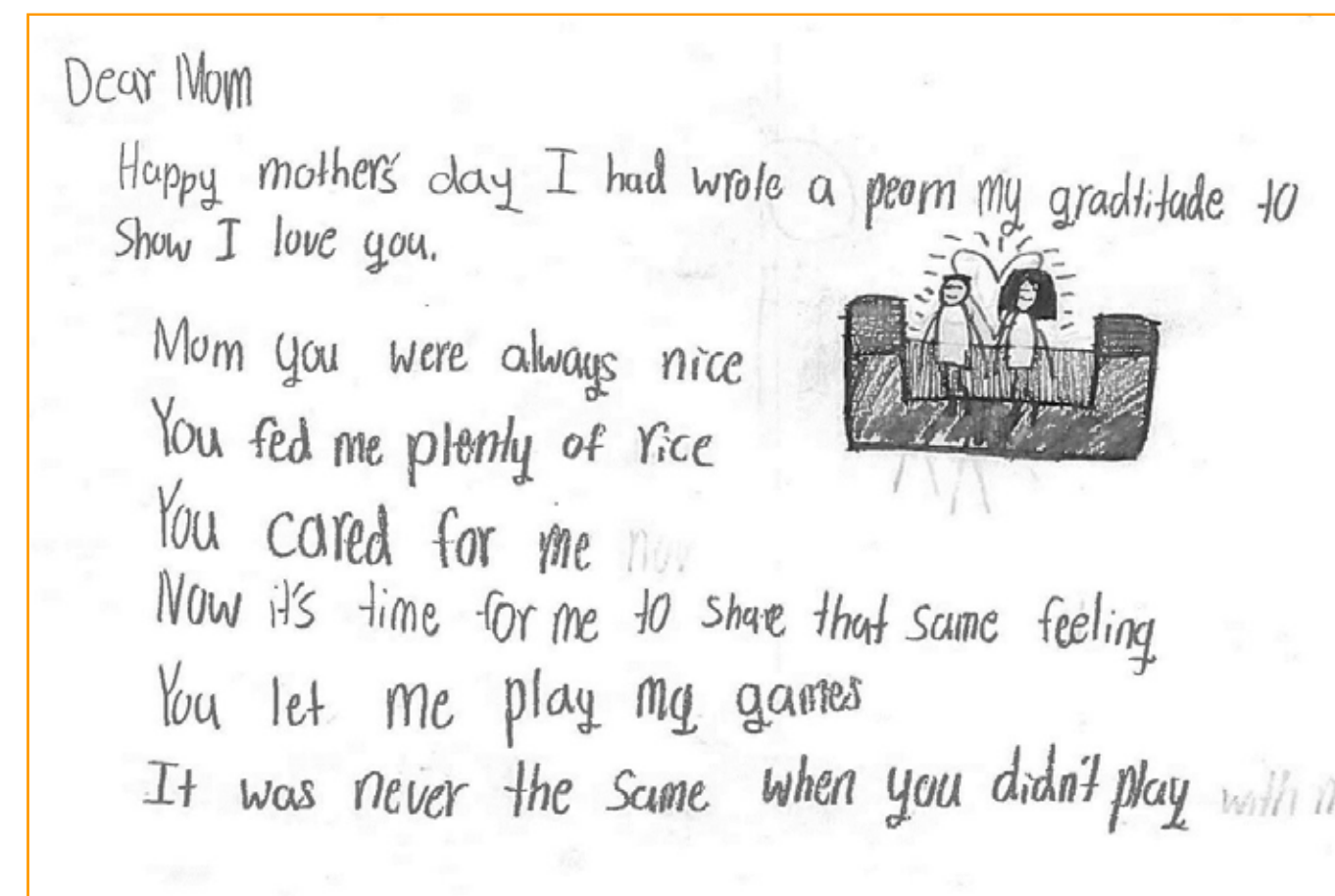
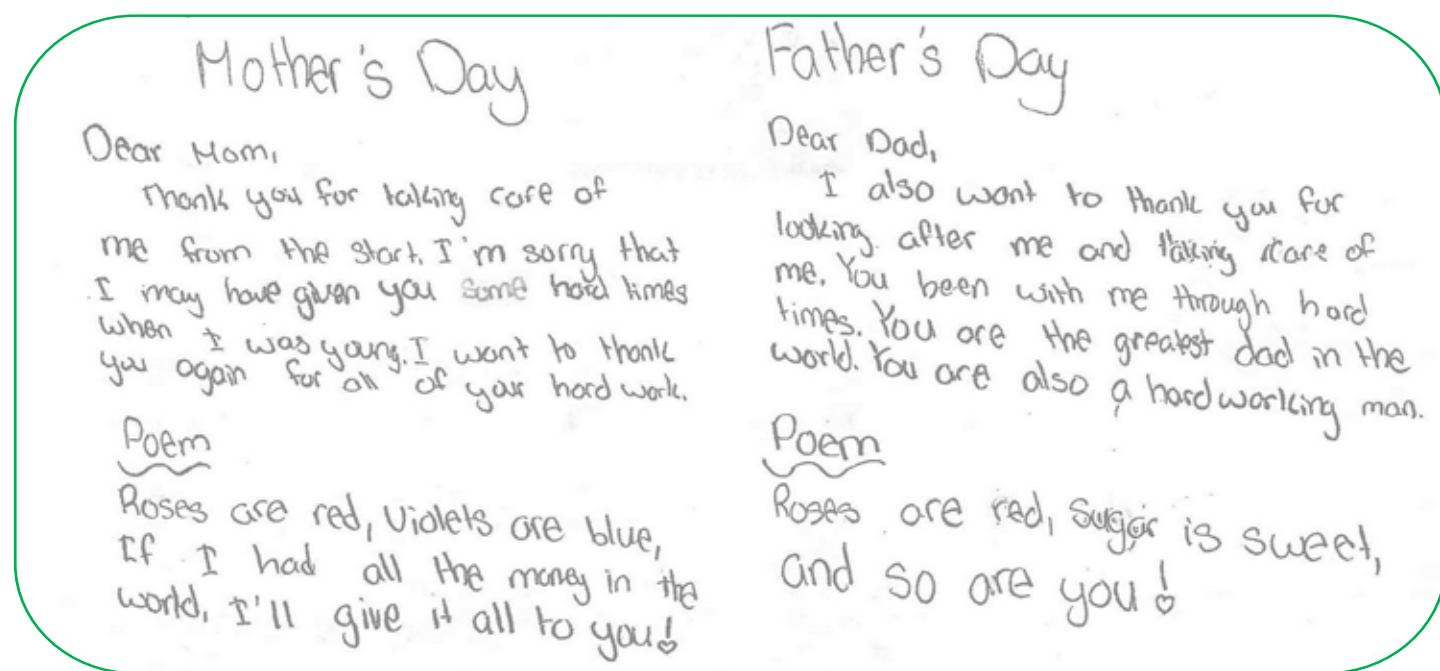
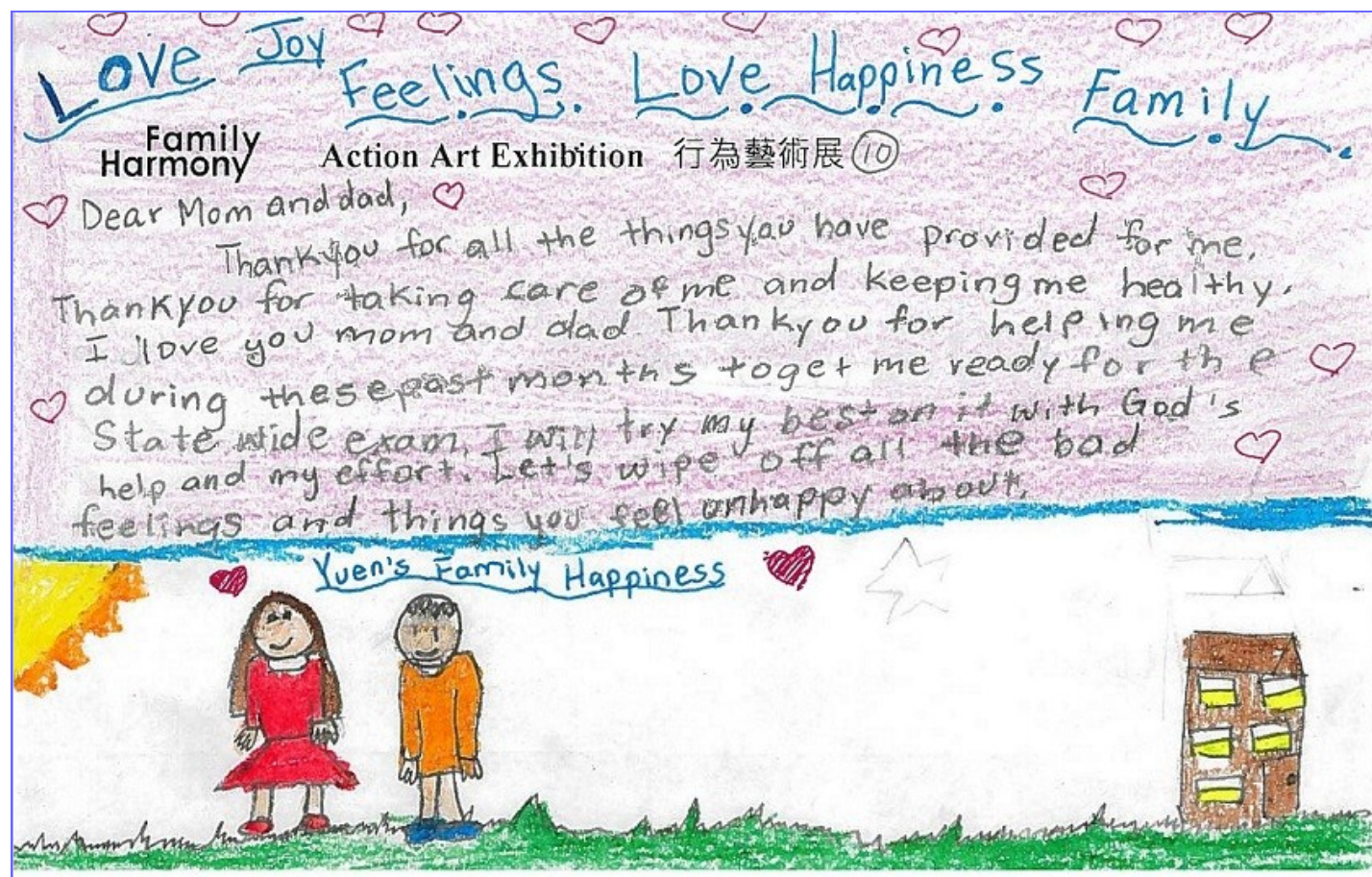


A storm will always come But it will blow away.

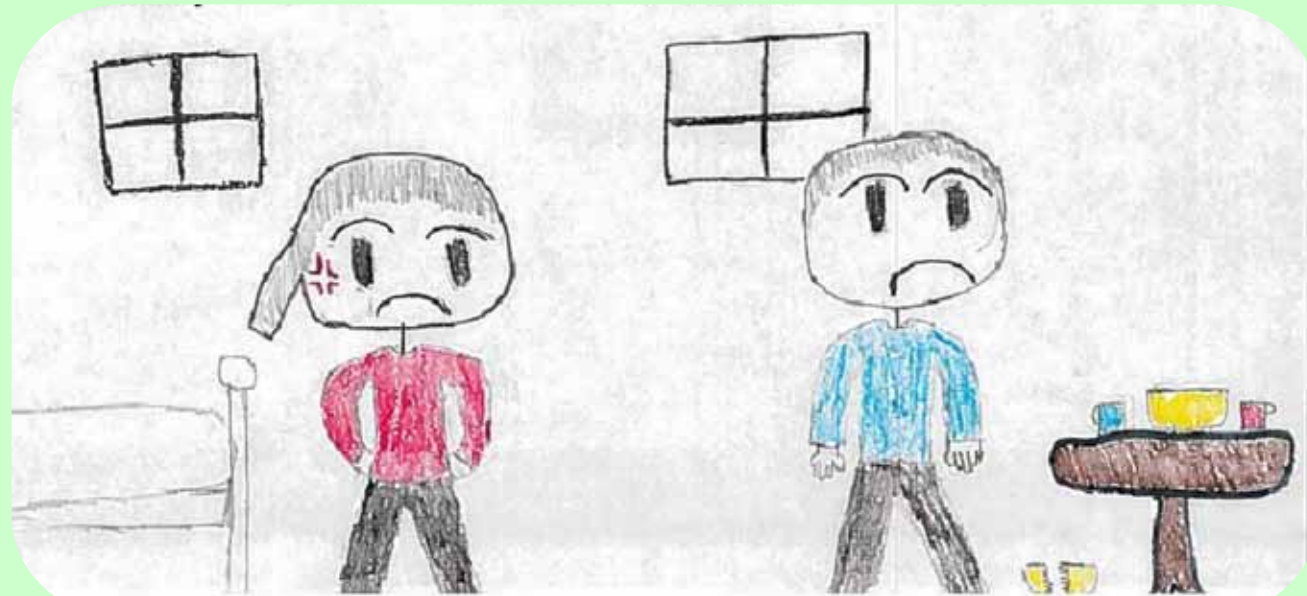
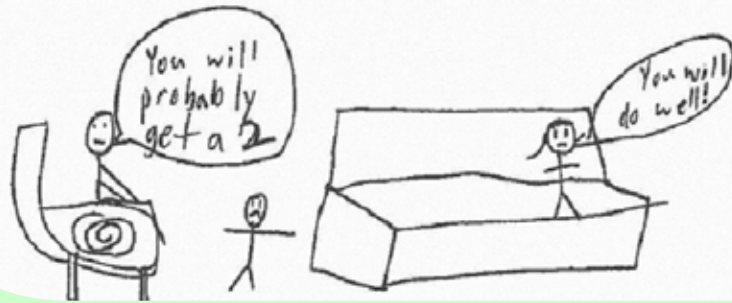


Growing Up With Them Is Tough, But I Did Have Good Times.

我愛你!
 給爸爸和媽媽
 我木目 兔子和 不西 高佳
 和 西 三 衣月反和 其 毒! hūn
 和 西 三 衣月反和 其 毒! hūn
 piao liang dresses
 fluffy 媽媽我爸爸
 我愛貓和狗!



I feel very isolated from my parents. My dad never encourages me. He always says "You better do good on your test, you will probably get a low grade." My mom though, always encourages me and keeps me motivated.



2/21/16
 @ Now Mama, you were born named Jaime and such a gift to me. You are as sweet, as gentle as an apple tree. Sometimes you're other side is here. I shout Oh dear but I know you love me and I love you. All these words, the sentences are true. You're my mother, you do things for me, and we are a family. I make you sad, I make you mad, you shout and yell but after all, you are the best. ~~and~~ Of course the most important thing, I love you and we are family.

You are so nice and I appreciate that. I can never tell you because I am too scared
 I ♥ U

2/11/16
 @ Hey Dad, I know it's hard to stay calm because ~~me~~ make you annoyed. The family doesn't do things you want it to be. But that does not matter as long as our love is connected, our soul is together and you have me. You are the best, the caring ~~but~~ that I could imagine in my life. Sometimes things are hard ^{because of me} but deep down in your heart is a piece that connects me ~~and~~ together and always with you that clings forever. You could say sometimes it is good, sometimes it is bad, but I say forever as long as I am with you together, it is the best. Thank you for being my dad, thank you.

Dear Parents,
 You had me for 12 years, almost 13 in 6 months. I can't ask for anymore. I know I would disappoint you guys at times and I really don't. That is why I would sometimes lie to you guys. I really don't want to do it, but I don't want to disappoint both of you. I sometimes distant you guys. You don't really know me a lot inside or any info. Like what I go through in class, what I do, and my deep secrets. I would love to tell you guys, but I can't bring myself to do it.
 -Age 12

The relationship between me and you, is a son and mother. This may seem very simple by how I just said it, but it is complex. Most things in life are complex: machines, animals, relationships, or other people. You never know how someone will act, until they act. You never know what they will do, until they do it. A relationship with someone will be difficult. (With a friend, an animal, your family members, or even plants.) They will always change no matter what, some may be ruined, and then, finally, brought back together. I have had friends that I never talk to any more, I bet that you too. Everyone has had this happen to themselves.

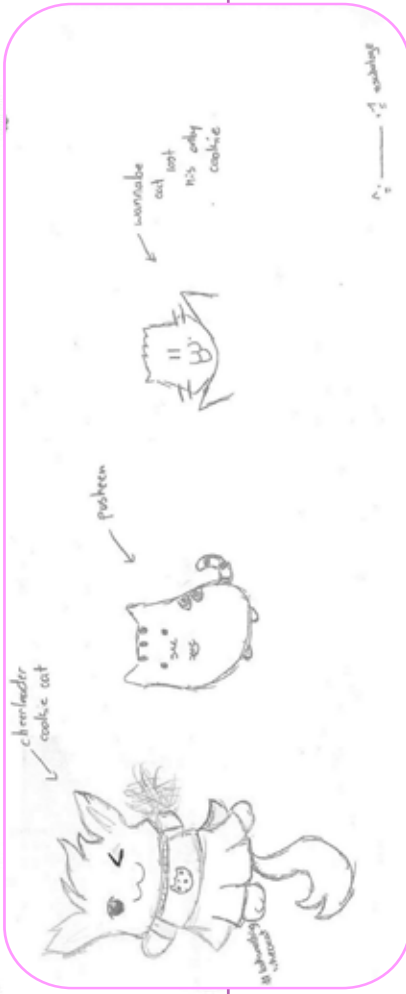
In life, many relationships are broken, but ours never will. I love you with all my heart, and I know you love me. It is the love that makes us so close to each other, just like everyone else. We sometimes argue, and that's when we get hurt. But, love will make the pain go away, and it will be all fine.

Dear family,

I'm back with words and I'm writing really small so most people can't read this. But thanks for taking care of me and providing a roof above my head.

I'm being sappy I know and my handwriting is still very small so people from about 4 feet away can't read this. You guys deserve a

cat and a cookie anyway so I'll stop salling.



I like my mom better because she is the one who always care about me. I don't like my dad because most of the time he's at work and blame everything on me because he like my sister better.

